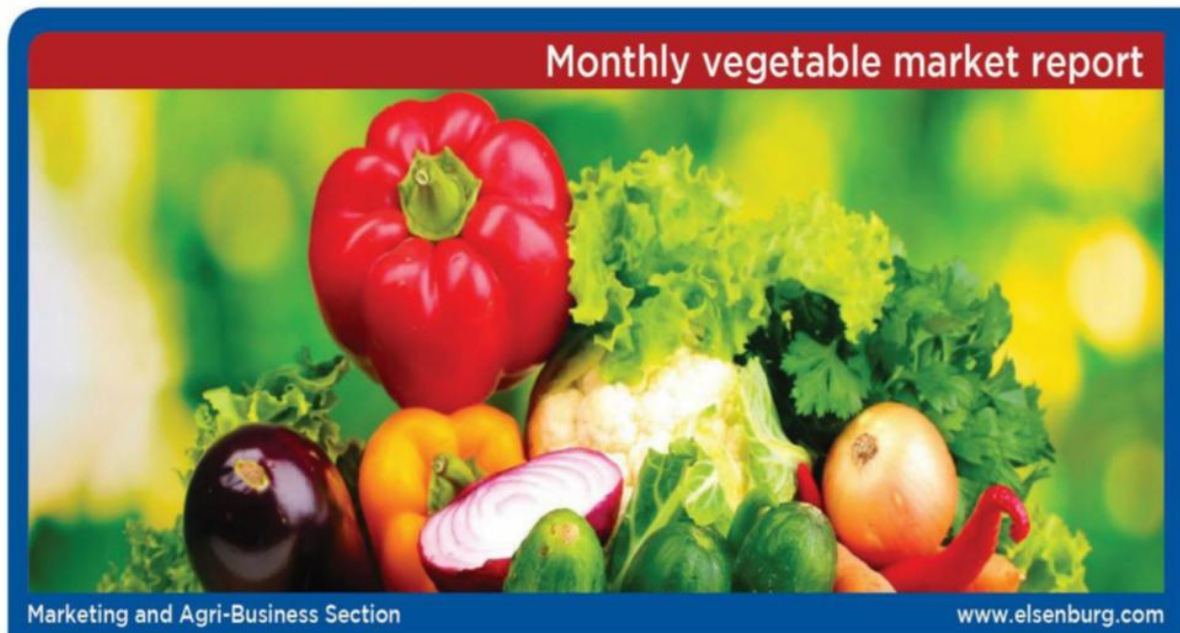


MONTHLY VEGETABLE REPORT



Review period: 01 May 2025 to 01 May 2026

MONTHLY MARKET INFORMATION REPORT: VEGETABLES

Issue: 2026/05

INTRODUCTION

The Cape Town Fresh produce market monthly report aims to bring forth information about the performance of selected vegetable sales in the market during the period under review. At a given month the report looks at the main commodities that are traded in the Cape Town fresh produce market in terms of average volume (tons) and prices (Rand per ton). The report also looks into international and local issues that affect the fresh produce industry.

OVERVIEW OF THE NATIONAL AGRICULTURAL MARKETING INFORMATION SYSTEM (AMIS), OFFERED BY THE DEPARTMENT OF AGRICULTURE, FORESTRY AND FISHERIES (DAFF)

The Agricultural Marketing Information Systems (AMIS) is a database interface offered by the Department of Agriculture, Forestry and Fisheries (DAFF).

The main purpose of the Agricultural Marketing Information System (AMIS) is to provide reliable & updated information to farmers. In order to assist farmers to plan activities relating to production and marketing in a much-informed manner.

Agricultural market information is provided for horticulture, field crops, livestock and industrial products, and includes the following categories:

- marketing prices,
- grading and standard information,
- annual price trends, and
- marketing news (pertaining to the application procedures for import and export permits).

Click on the following website link to access the [DAFF AMIS](http://webapps.daff.gov.za/amis) web application, or alternatively go to the web address: <http://webapps.daff.gov.za/amis> (no subscription fee payable to access system). Cell phone user can send an SMS to ***120*4040#** (*charged at standard SMS rates*)

Please note that prices are updated at 12h00 a.m on a daily basis.

Vegetable price and volume trend analysis

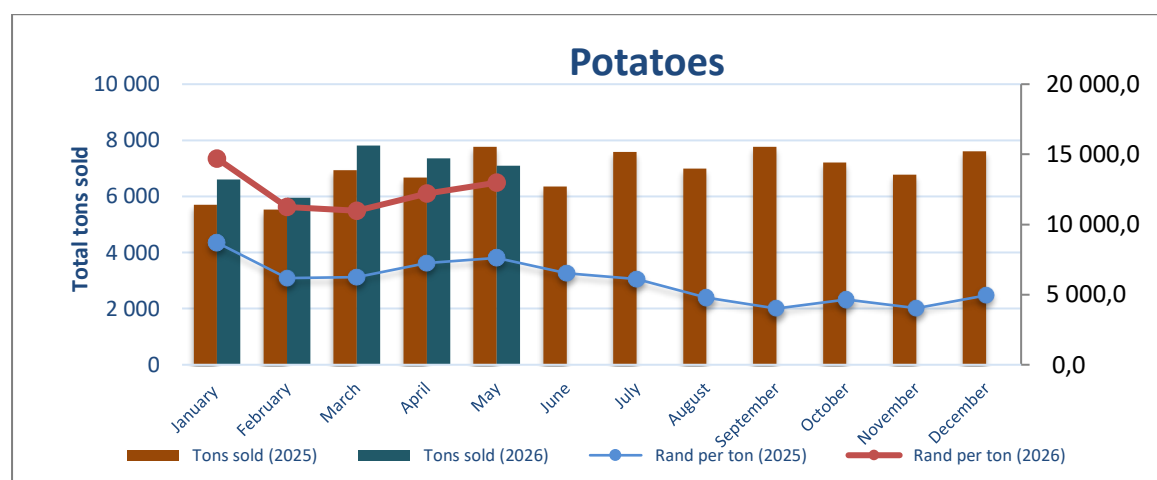
Vegetables are part of important annual crops for the South African agricultural industry. They play a fundamental role in contributing to various agricultural industries who are directly and indirectly involved in the vegetable industry. In return these industries make a significant contribution to employment creation and revenue generation in the Western Cape. At the fresh produce markets trade occurs on the market floors and market forces (i.e. demand and supply) determine prices of vegetables and fruits. The performance of the vegetable industry is largely dependent on climatic conditions and this impact on crop production. This occurs throughout all stages of production until the produce is harvested and ready for the market. Forming part of these climatic conditions is; drought, flood, hail and heat wave. In analyzing the price and volume of traded commodities, factors that impact on crops development and production are taken into consideration. Below are different figures of the main vegetables that are traded in the market in terms of prices and volumes.



1. Potatoes

As illustrated in the figure 1, the volume of Potatoes sold at the Cape Town Fresh produce market during the month of May 2026 decreased by 4% from 7356.6 tons in April 2026 to 7 092.4 tons. This translates to (264.2) ton decrease in the tons of potatoes sold at Cape Town Fresh produce market during the month of May 2026. The average market price per ton of potatoes sold increased by 8% (or R394.8) from R4969.8 in April 2026 to R5364.5 in May 2026. Sales on the Cape Town market traded at 30% y/y per ton, lower than in the same period last year. The volume of potatoes sold also decreased by 9% y/y compared to the same period last year.

Figure 1: Potato prices and quantity traded at Cape Town Fresh Produce market.



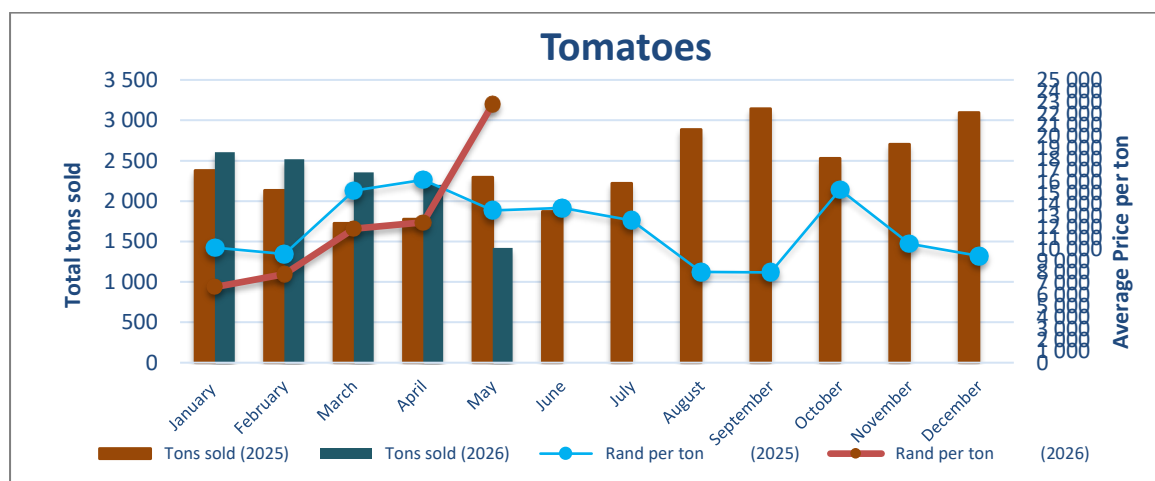
Source: Techno fresh (2026)

2. Tomatoes



The total amount of tomatoes sold during May 2026 was 1420.8 tons, which shows 779.8 (ton) decrease from 2200.6 tons recorded in April 2026. Tomatoes were trading at R22862.3 in May 2026.

Figure 2: Tomatoes sales on the Cape Town Fresh Produce Market



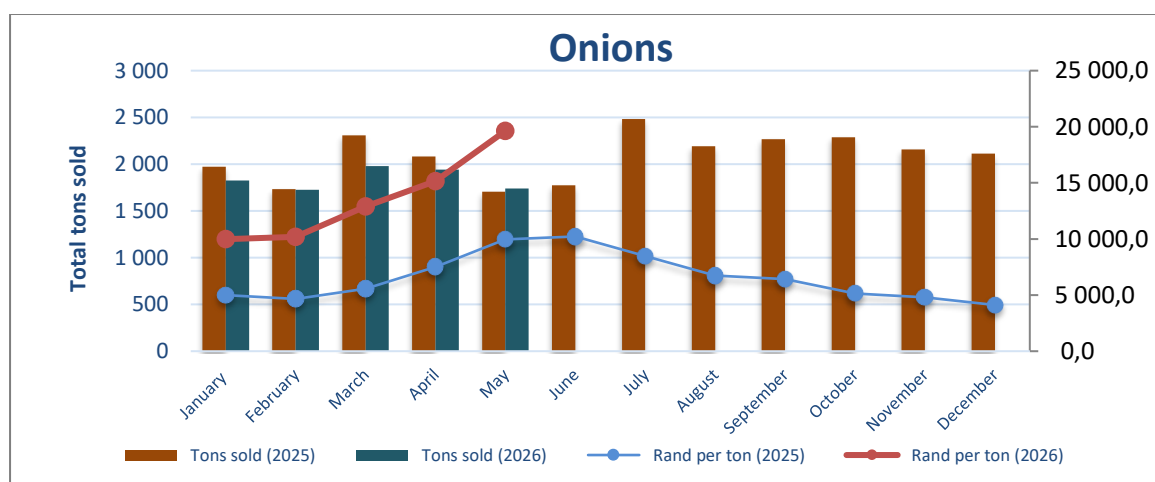
Source: Techno fresh (2026)



3. Onions

In May 2026, the volume of onions traded in the Cape Town fresh produce market was 1738.5 tons, which shows 10.4% decrease from 1941.2 tons recorded in April 2026. The price per ton of onions sold on the market increased by 26.3% from R7652.2 in April 2026 to R9664.3 in May 2026.

Figure 3: Onions prices and quantity traded at Cape Town Fresh Produce market.



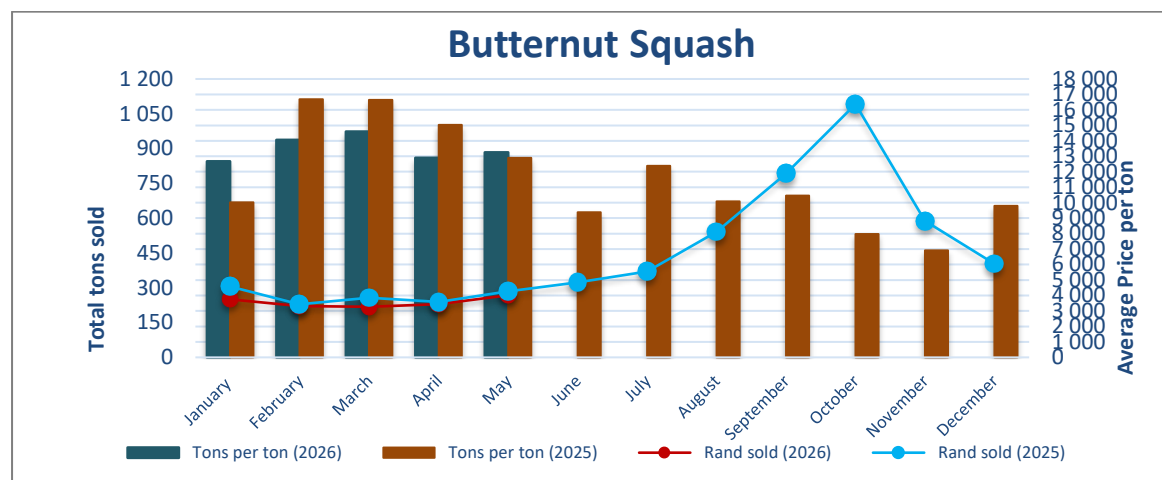
Source: Techno fresh (2026)

4. Butternut Squash



Figure 4 below represents the volume of butternut squash sold at the Cape Town fresh produce market during the month of May 2026. The volume of butternut squash sold increased by 2.7% from 860.3 tons in April 2026 to 883.7 tons in May 2026. The price per ton of butternut increased by 16.8% from R3439.1 in April 2026 to R4015.2 in May 2026. On a year-to-year basis the quantity of butternut squash sold during May 2025, and May 2026 increased by 2.7%. The price of butternut sold during the same period (2025/26) decreased by 6.1% from R4277.5 per ton in May 2025 to R4015.2 per ton in May 2026.

Figure 4: Butternut squash sales on the Cape Town Fresh Produce Market



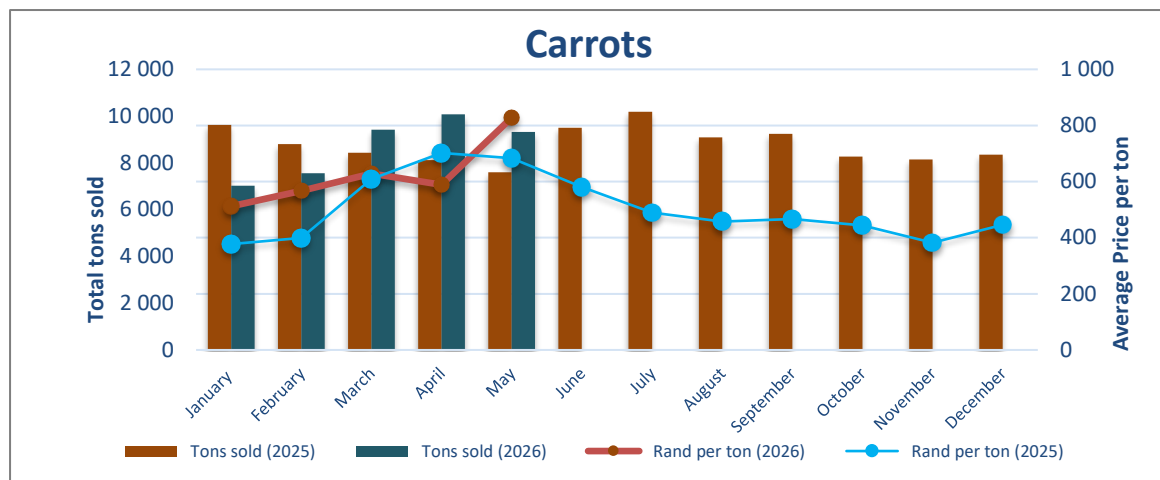
Source: Techno fresh (2026)

5. Carrots



As indicated by Figure 5 below shows the total volume of carrots traded at Cape Town fresh produce market during May 2026. The volume of carrots traded in May 2026, decreased month-month by 7.4% from 839.2 tons in April 2026 to 777.0 tons in May 2026. When comparing year-on-year, the amount of carrots traded during this period increased by 22.7% from 633.4 tons in May 2025 to 777.0 tons in May 2026. In May 2026 carrots was trading at R9934.3 per ton, which indicates 40.7% increase in price per ton of carrots between April 2026 and May 2026. The average market price per ton of carrots increased by 21.2% y/y from R8195.2 in May 2025 to R9934.3 in May 2026.

Figure 5: Carrots sales on the Cape Town Fresh Produce Market



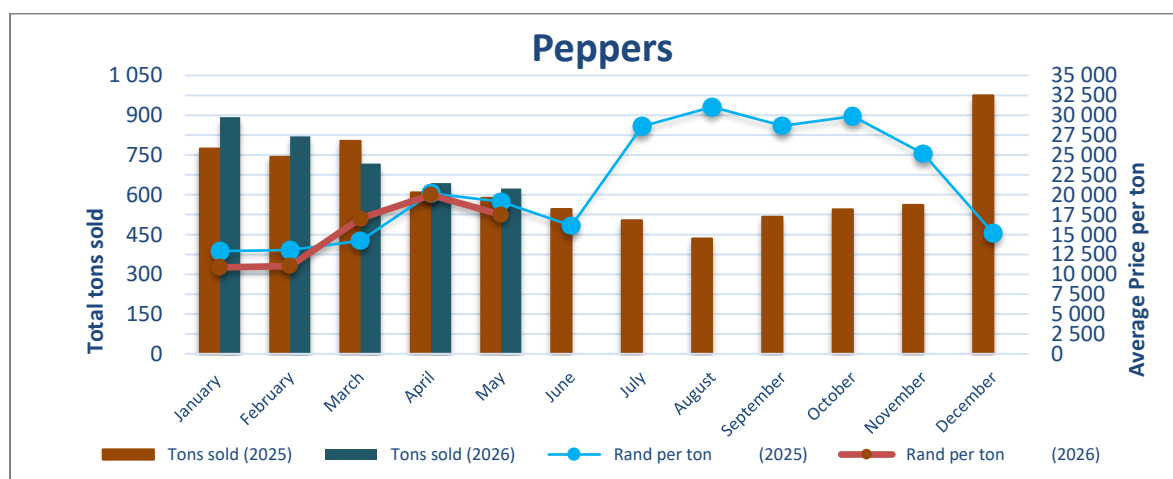
Source: Techno fresh (2026)

6. Peppers



As illustrated in figure 6 below, the total volume of peppers sold during May 2026 decreased by 3.2% from 643.7 tons in April to 623.0 tons. The average market price of peppers also decreased by 12.4% from R19972.1 in April 2026 to R17491.7 in May 2026. On an annual basis, the total volume of peppers sold during the period under review registered a year-on-year increase of 35.3 tons from 587.8 tons in May 2025 to 623.0 tons in May 2026. The average market price per ton on the other hand decreased by 8.5% from R19125.1 in May 2025 to R1749.1 in May 2026.

Figure 6: Peppers sales on the Cape Town Fresh Produce Market



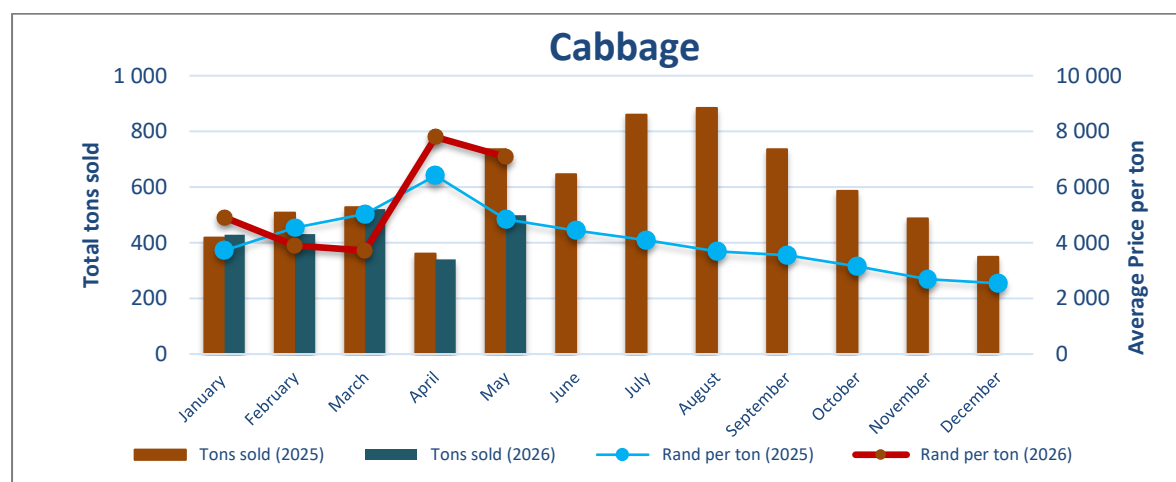
Source: Techno fresh (2026)

7. Cabbages



The total volume of cabbage sold at the Cape Town fresh produce market during May 2026 recorded a month-to-month increase of 46.9% or 159.3 tons. The total volume of cabbage sold increased from 340.0 tons in April 2026 to 499.3 tons in May 2026. The average market price per ton of cabbage decreased by 9.2% from R7794.1 in April 2026 to R7077.0 in May 2026. On an annual basis, the total volume of cabbage sold decreased from 735.2 tons obtained in May 2025 to 499.3 tons in May 2026. This represents a year-on-year decrease of 32.1%, that is 236.0 tons less than the amount registered during the same period last year.

Figure 7: Cabbages sales on the Cape Town Fresh Produce Market



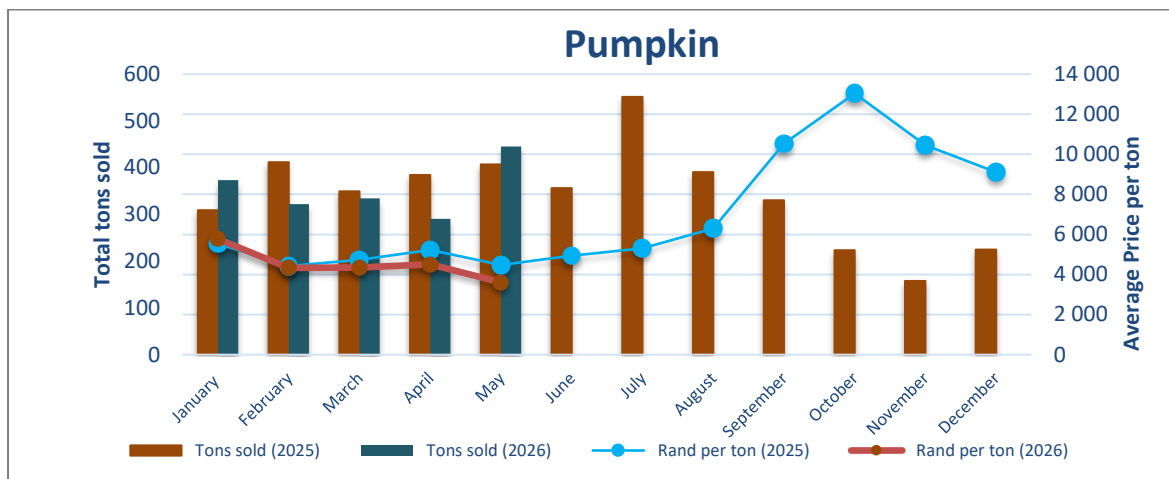
Source: Techno fresh (2026)

8. Pumpkin



A total of 444.9 tons of pumpkin was sold at the Cape Town fresh produce markets during May 2026. This presents a 53.1% or 154.3-ton increase from the previous month (April) record of 290.7 tons. The average market price decreased by 20% or R903.1 from R4509.2 in April 2026 to R3606.1 in May 2026. On year and year basis, pumpkins were trading at R4479.5 per ton in May 2025 compared to R3606.1 in May 2026. These results indicate a decrease of R873.4 in price per ton of pumpkin between May 2025 and May 2026.

Figure 8: Pumpkin sales on the Cape Town Fresh Produce Market



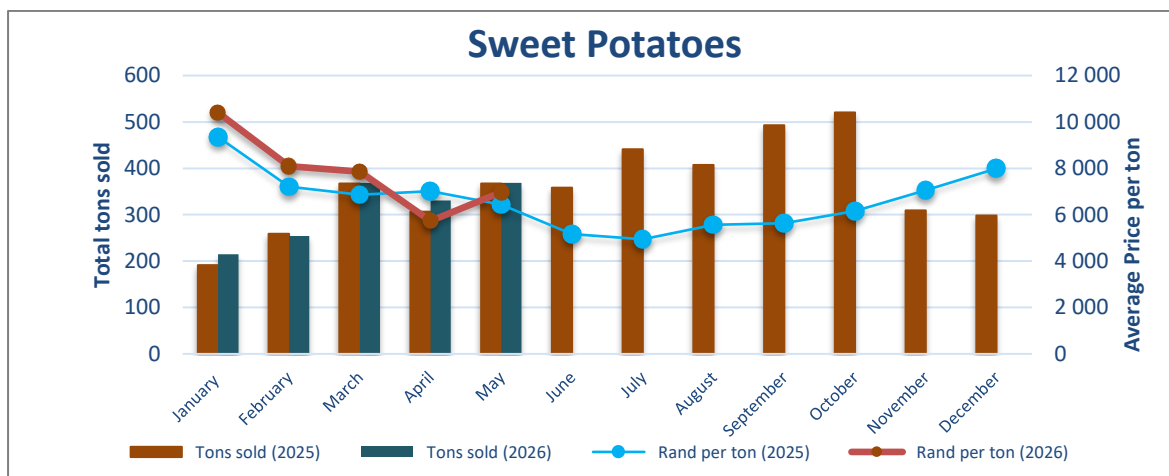
Source: Techno fresh (2026)

9. Sweet potato



The total volume of sweet potato sold at the Cape Town fresh produce market in May 2026 increased from 330.5 tons in April 2026 to 368.5 tons. This translates to 11.4% month-to-month increase recorded during the month of May 2026. The total volume of sweet potato sold increased year-on-year by 0.3% from 367.2 tons in May 2025 to 368.3 tons in May 2026. Sweet potato was trading at R6978.4 during May 2026. On an annual basis, the average market price per ton increased by 8.5% from R6433.6 in May 2025 to R6978.4 in May 2026.

Figure 9: Sweet potato sales on the Cape Town Fresh Produce Market.



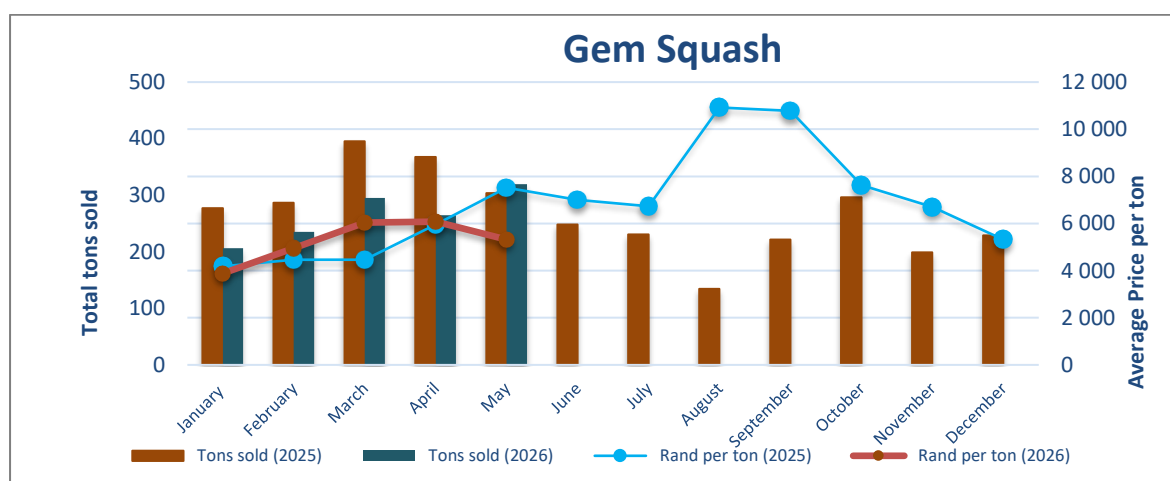
Source: Techno fresh (2026)

10. Gem squash



Figure 10 below shows the total volume of gem squash sold at the Cape Town fresh produce market in May 2026. The volume of gem squash sold during May 2026 increased by 20.8% from 264.4 tons in April 2026 to 319.3 tons. The price per ton of gem squash decreased by 12.5% from R6078.0 in April 2026 to R5316.6 in May 2026. On an annual basis, gem squash sold at the Cape Town fresh produce market increased by 5.1% during the period under review. As a result, the volume of gem squash sold increased from 303.9 tons in May 2025 to 319.3 tons in May 2026. The average market price of gem squash decreased by 29.3% or R2198.8 per ton from R7515.4 in May 2025 to R5316.6 in May 2026.

Figure 10: Gem squash sales on the Cape Town Fresh Produce



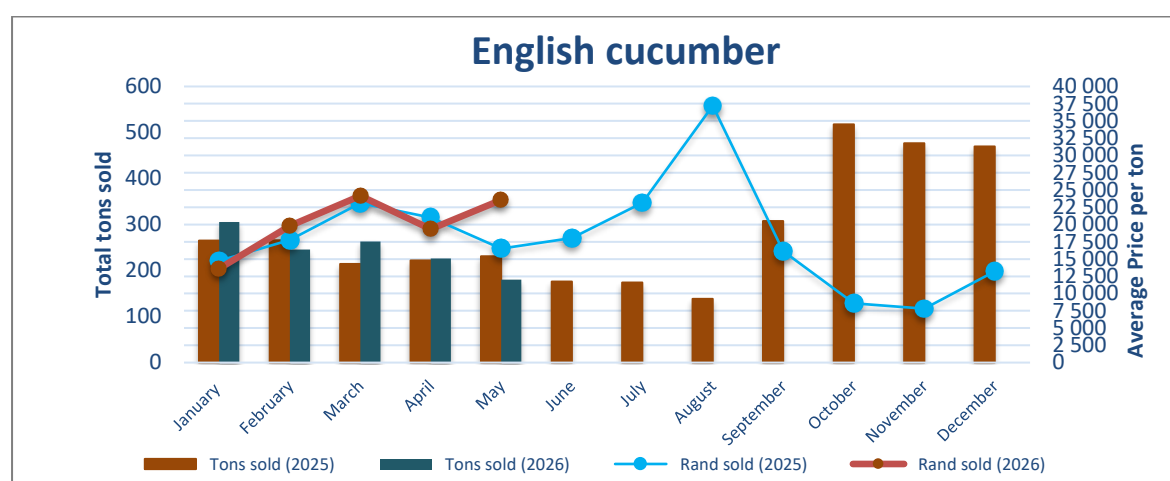
Source: Techno fresh (2026)

11. English cucumber



During the period under review (May 2026), the total volume of English cucumber sold amounted to 179.9 tons which is 20.5% or 46.4 tons less than 226.3 tons which was recorded in April 2026. The average market price of English cucumber increased by 21.7% from R19362.3 in April 2026 to R23557.3 in May 2026. On annual basis, the volume of tons of English cucumber decreased by 22.1% (or 51.0 tons) from 230.9 tons in May 2025 to 179.9 tons in May 2026.

Figure 11: English cucumber sales on the Cape Town Fresh Produce Market.



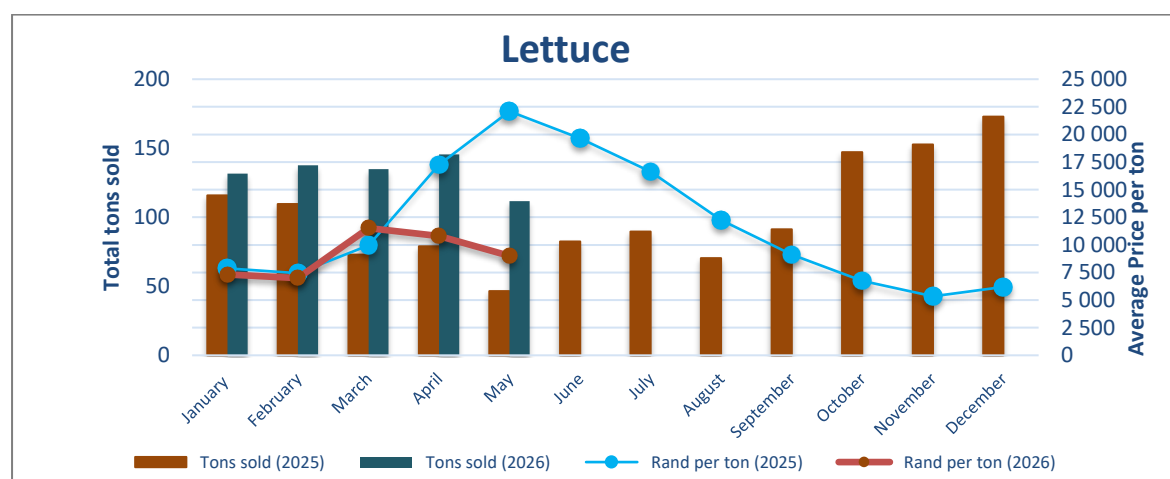
Source: Techno fresh (2026)

12. Beetroot



A total amount of 111.7 tons of beetroot was sold at the Cape Town fresh produce markets during May 2026. This presents 23.2% or 33.8 tons decrease from the previous month (April 2026) record of 145.4 tons. The average market price also decreased by 16.7% or R1803.6 from R10809.4 in April 2026 to R9005.8 in May 2026. On year on year, beetroot was trading at R22095.2 in May 2025 compared to R9005.8 in May 2026. These results indicate a decrease of 59.2% in price per ton of beetroot between May 2025 and May 2026.

Figure 12: Lettuce sales on the Cape Town Fresh Produce Market



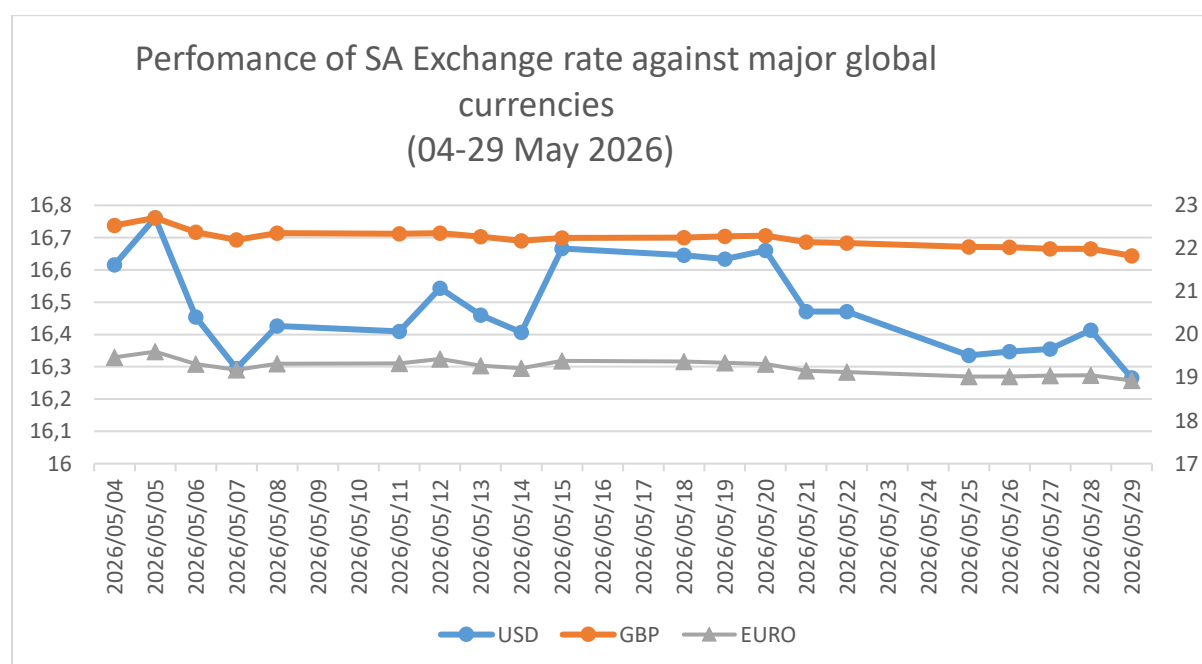
Source: Techno fresh (2026)

Table 1: Trend analysis of niche vegetables traded on the Cape Town Fresh Produce market.

Product Name highest to the lowest volumes in May 2026	Average tons May 2026 (Ton)	% change in average tons May 2026 (m/m)	Average Price May 2026 (Rand/ton)	% change in average price May 2026 (m/m)
Lettuce	97,4	-34,0%	24 832,8	63,2%
Baby marrow	87,0	-5,7%	31 736,6	88,4%
Green beans	69,5	-29,0%	28 757,2	67,9%
Cauliflower	59,9	-44,0%	21 637,7	103,1%
Brinjals	57,4	7,6%	11 914,7	-29,6%
Sweetcorn	55,8	-8,9%	26 880,9	5,3%
Spinach	35,0	30,6%	13 970,7	-9,5%
Broccoli	27,1	-7,0%	44 118,5	23,2%
Spring onion	23,6	0,8%	23 124,8	-19,5%
Leeks	18,6	27,1%	8 110,7	-2,1%
Hubbard squash	6,4	-10,1%	2 694,9	0,7%
Radish	2,2	-11,3%	19 792,9	-0,6%
Patty pans	2,1	70,3%	12 963,5	-64,3%
Marrows	0,4	620,0%	2 166,7	-77,4%
Mushrooms	0,3	0,0%	52 980,8	0,0%

Source: Techno fresh (2026)

Exchange Rates



Source: South African Reserve Bank (2026)

During the reporting period 04-29 May 2026, looking at month-to-month average of the South African Rand, it can be noted that it strengthened against all three major currencies (US Dollar, Great British Pound and Euro). During this period the US Dollar was trading at R16.48 in May 2026 compared to R16.54 in April 2026. Great British Pound was trading at R22.22 in May 2026 compared to R22.25 in April 2026. Lastly the Euro was trading at R19.24 in May 2025 compared to R19.35 in April 2026.

Energy

Table 3.1 Basic fuel Price adjustments

Product Description	Numerical adjustment applicable to the coast parts in South Africa	Price adjustment Description	The average price (cents) applicable to the coastal parts of South Africa
Petrol 95 ULP	327,00	cents per litre increase in the retail price.	2576,00
Diesel 0.05% Sulphur	526,700	cents per litre increase in the retail price.	3030,330
Illuminating Paraffin (Wholesale)	422,00	cents per litre increase the retail price.	2737,698
LPGAS (maximum retail price)	507,00	cents per litre increase in the retail price.	3787,000

The Department of Energy has announced fuel price adjustments with effect from 06 May 2026. The price of Petrol 95 ULP increased by 327 cents, the price of diesel (0.05% sulphur) increased by 526.7 cents, price of paraffin increased by 422 cents. Lastly, LPGAS's maximum retail price increased by 507 cents during the reporting period.

ACKNOWLEDGMENTS

The below-listed sources are acknowledged, as cited in this publication:

Agricultural Produce Agents Council (APAC): www.apacweb.org.za

Agricultural Research Council (ARC): www.arc.agric.za

Department of Agriculture, Forestry and Fisheries (DAFF): www.daff.gov.za

Department of Agriculture, Forestry and Fisheries (DAFF): www.daff.gov.za

Mineral resources & energy: [Petrol Price Media Release \(dmre.gov.za\)](http://Petrol Price Media Release (dmre.gov.za))

Department of Water & Sanitation (DWS): www.dwa.gov.za

Elsenburg (Western Cape Department of Agriculture): www.elsenburg.com

Organization of the Petroleum Exporting Countries (OPEC): www.opec.org/opec

Potatoes South Africa: www.potatoes.co.za

South African Government: www.gov.za

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Trading Economics (2018): <https://tradingeconomics.com/south-africa/balance-of-trade>

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