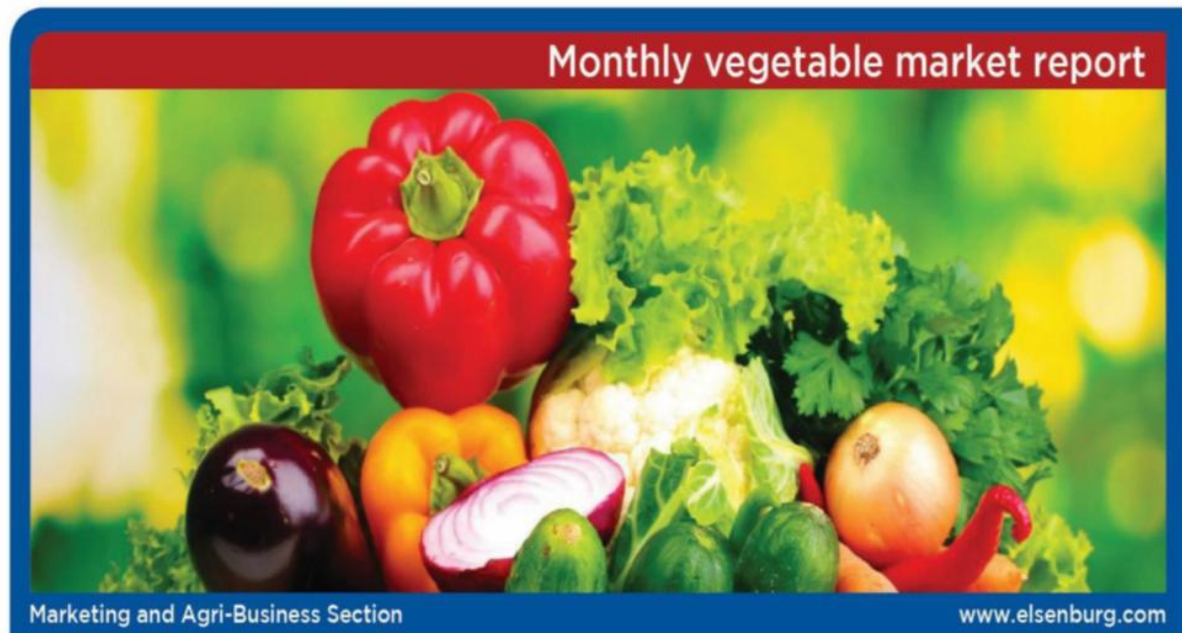


## MONTHLY VEGETABLE REPORT



Review period: 01 August 2025 to 01 August 2026

### MONTHLY MARKET INFORMATION REPORT: VEGETABLES

Issue: 2026/08

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## INTRODUCTION

The Cape Town Fresh produce market monthly report aims to bring forth information about the performance of selected vegetable sales in the market during the period under review. At a given month the report looks at the main commodities that are traded in the Cape Town fresh produce market in terms of average volume (tons) and prices (Rand per ton). The report also looks into international and local issues that affect the fresh produce industry.

### **OVERVIEW OF THE NATIONAL AGRICULTURAL MARKETING INFORMATION SYSTEM (AMIS), OFFERED BY THE DEPARTMENT OF AGRICULTURE, FORESTRY AND FISHERIES (DAFF)**

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The Agricultural Marketing Information Systems (AMIS) is a database interface offered by the Department of Agriculture, Forestry and Fisheries (DAFF).

The main purpose of the Agricultural Marketing Information System (AMIS) is to provide reliable & updated information to farmers. In order to assist farmers to plan activities relating to production and marketing in a much-informed manner.

Agricultural market information is provided for horticulture, field crops, livestock and industrial products, and includes the following categories:

- marketing prices,
- grading and standard information,
- annual price trends, and
- marketing news (pertaining to the application procedures for import and export permits).

Click on the following website link to access the [DAFF AMIS](http://webapps.daff.gov.za/amis) web application, or alternatively go to the web address: <http://webapps.daff.gov.za/amis> (no subscription fee payable to access system). Cell phone user can send an SMS to **\*120\*4040#** (*charged at standard SMS rates*)

**Please note that prices are updated at 12h00 a.m on a daily basis.**

## Vegetable price and volume trend analysis

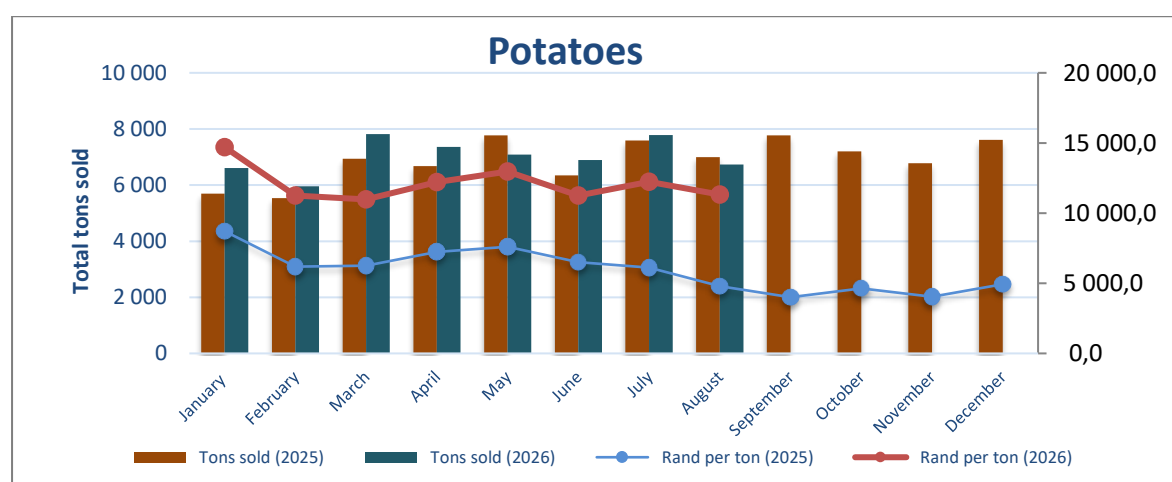
Vegetables are part of important annual crops for the South African agricultural industry. They play a fundamental role in contributing to various agricultural industries who are directly and indirectly involved in the vegetable industry. In return these industries make a significant contribution to employment creation and revenue generation in the Western Cape. At the fresh produce markets trade occurs on the market floors and market forces (i.e. demand and supply) determine prices of vegetables and fruits. The performance of the vegetable industry is largely dependent on climatic conditions and this impact on crop production. This occurs throughout all stages of production until the produce is harvested and ready for the market. Forming part of these climatic conditions is; drought, flood, hail and heat wave. In analyzing the price and volume of traded commodities, factors that impact on crops development and production are taken into consideration. Below are different figures of the main vegetables that are traded in the market in terms of prices and volumes.



### 1. Potatoes

As illustrated in the figure 1, the volume of Potatoes sold at the Cape Town Fresh produce market during the month of August 2026 decreased by 13% from 7785.7 tons in July 2026 to 6737.9 tons. This translates to (1047.7) ton decrease in the tons of potatoes sold at Cape Town Fresh produce market during the month of August 2026. The average market price per ton of potatoes sold increased by 7% (or R411.8) from R6112.9 in July 2026 to R6524.7 in August 2026. Sales on the Cape Town market traded at 36.1% y/y per ton, higher than in the same period last year. The volume of potatoes sold decreased by 4% y/y compared to the same period last year.

**Figure 1: Potato prices and quantity traded at Cape Town Fresh Produce market.**



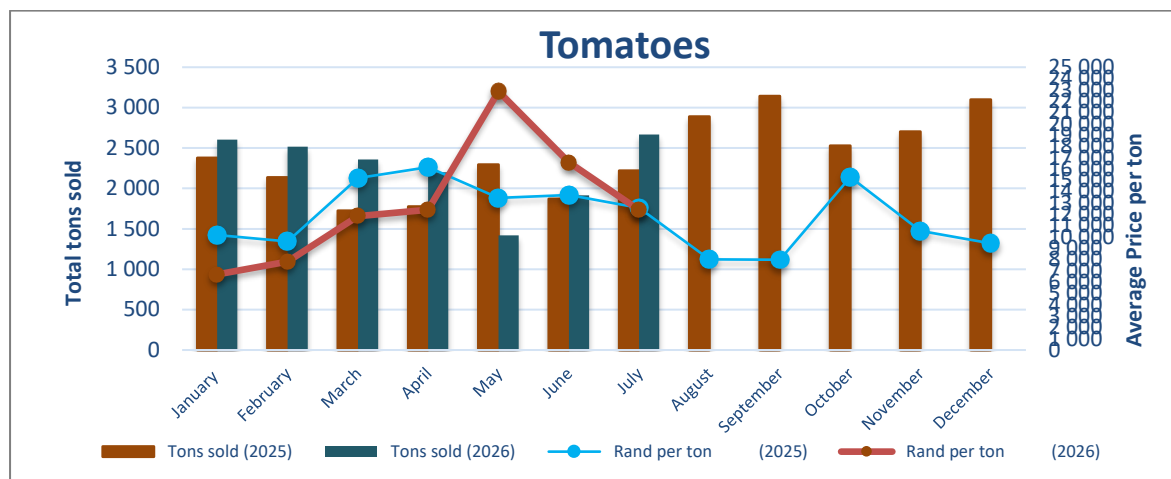
Source: Techno fresh (2026)

## 2. Tomatoes



The total amount of tomatoes sold during August 2026 was 3011.0 tons, which shows 344.3 (ton) increase from 2666.7 tons recorded in July 2026. Tomatoes were trading at R5989.6 in August 2026.

**Figure 2: Tomatoes sales on the Cape Town Fresh Produce Market**



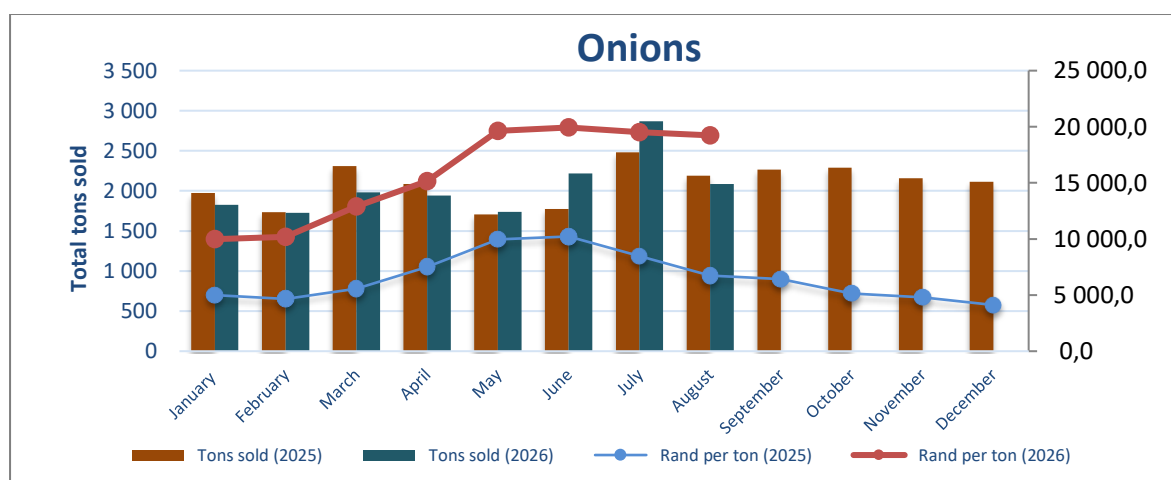
Source: Techno fresh (2026)



## 3. Onions

In August 2026, the volume of onions traded in the Cape Town fresh produce market was 2086.4 tons, which shows 27.3% decrease from 2867.9 tons recorded in July 2026. The price per ton of onions sold on the market increased by 13.2% from R11045.4 in July 2026 to R12499.7 in August 2026.

**Figure 3: Onions prices and quantity traded at Cape Town Fresh Produce market.**



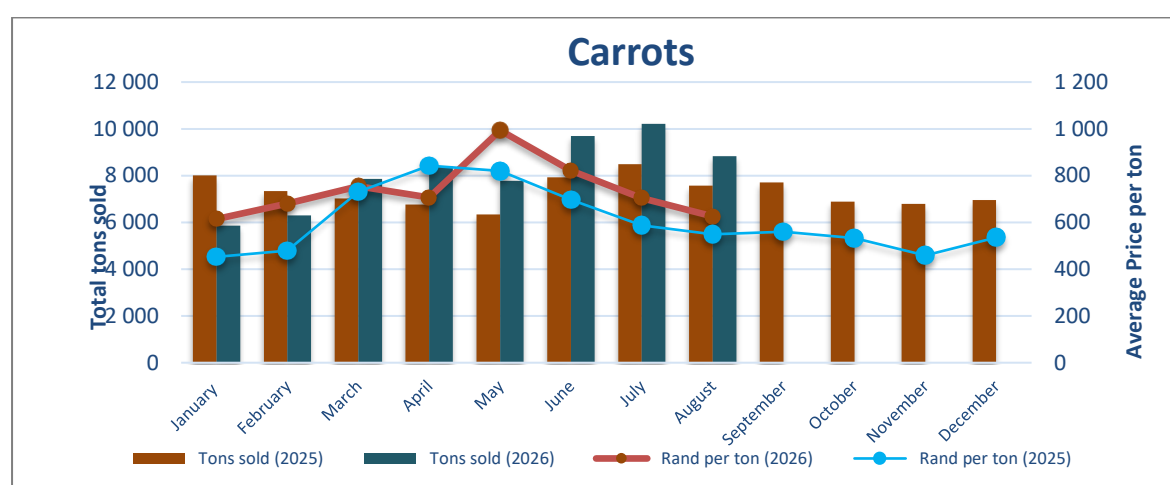
Source: Techno fresh (2026)

#### 4. Carrots



As indicated by Figure 4 below shows the total volume of carrots traded at Cape Town fresh produce market during August 2026. The volume of carrots traded in August 2026, decreased month-month by 13.6% from 1022.0 tons in July 2026 to 882.9 tons. When comparing year-on-year, the amount of carrots traded during this period increased by 16.6% from 757.5 tons in August 2025 to 882.9 tons in August 2026. In August 2026 carrots was trading at R6260.3 per ton, which indicates 11% decrease in price per ton of carrots between July 2026 and August 2026. The average market price per ton of carrots increased by 14% y/y from R5490.9 in August 2025 to R6260.3 in August 2026.

**Figure 4: Carrots sales on the Cape Town Fresh Produce Market**



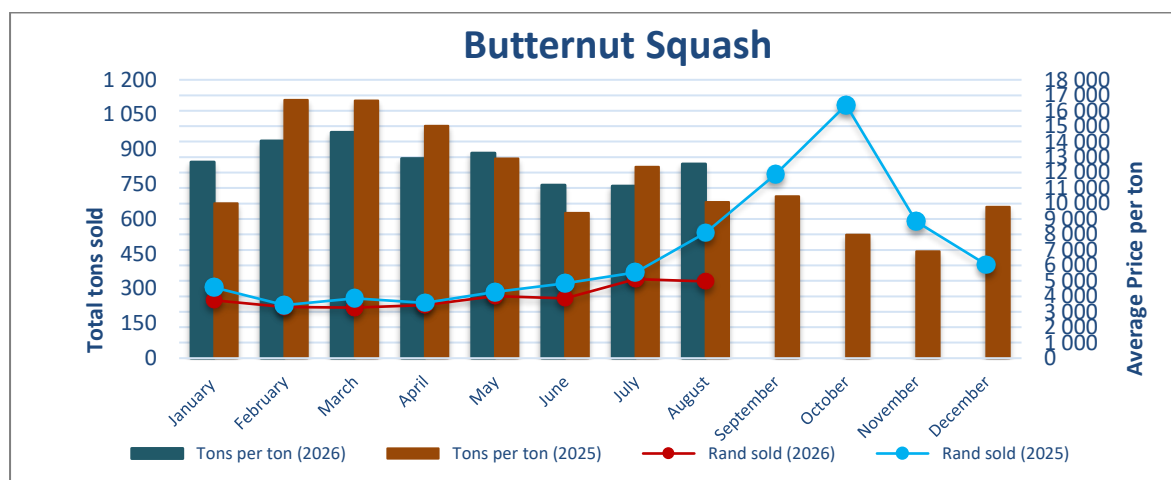
Source: Techno fresh (2026)

#### 5. Butternut Squash



Figure 5 below represents the volume of butternut squash sold at the Cape Town fresh produce market during the month of August 2026. The volume of butternut squash sold increased by 12.8% from 742.5 tons in July 2026 to 837.8 tons in August 2026. The price per ton of butternut decreased by 2.8% from R5109.8 in July 2026 to R4965.8 in August 2026. On a year-to-year basis the quantity of butternut squash sold during August 2025, and July 2026 increased by 24.6%. The price of butternut sold during the same period (2025/26) decreased by 38.8% from R8111.2 per ton in August 2025 to R4965.8 per ton in August 2026.

**Figure 5: Butternut squash sales on the Cape Town Fresh Produce Market**



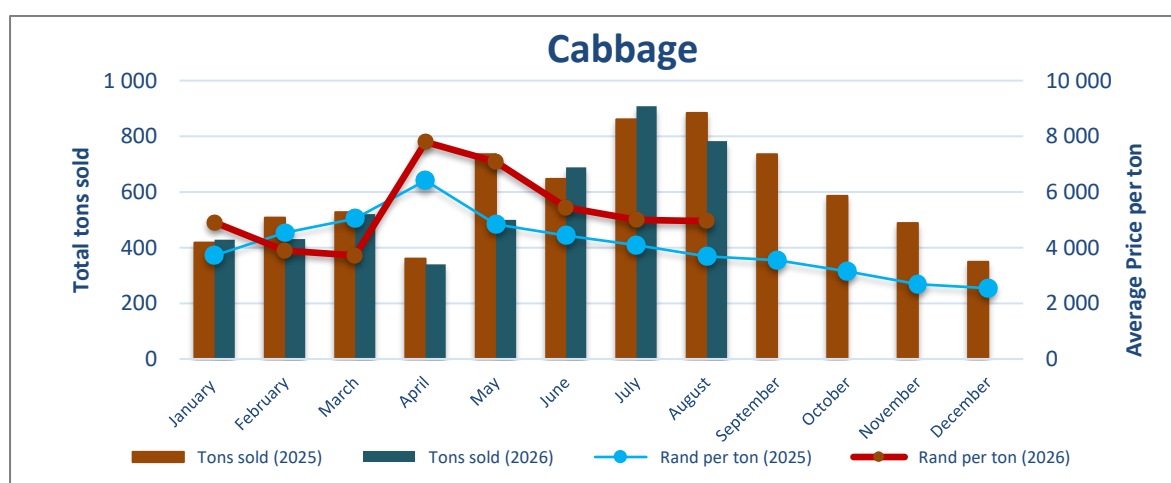
Source: Techno fresh (2026)

## 6. Cabbages



The total volume of cabbage sold at the Cape Town fresh produce market during August 2026 recorded a month-to-month decrease of 13.8% or 125.3 tons. The total volume of cabbage sold decreased from 907.7 tons in July 2026 to 782.4 tons in August 2026. The average market price per ton of cabbage also decreased by 0.8% from R4993.8 in July 2026 to R4952.0 tons in August 2026. On an annual basis, the total volume of cabbage sold decreased from 883.9 tons obtained in August 2025 to 782.4 tons in August 2026. This represents a year-on-year decrease of 11.5%, that is 101.6 tons less than the amount registered during the same period last year.

**Figure 6: Cabbages sales on the Cape Town Fresh Produce Market**



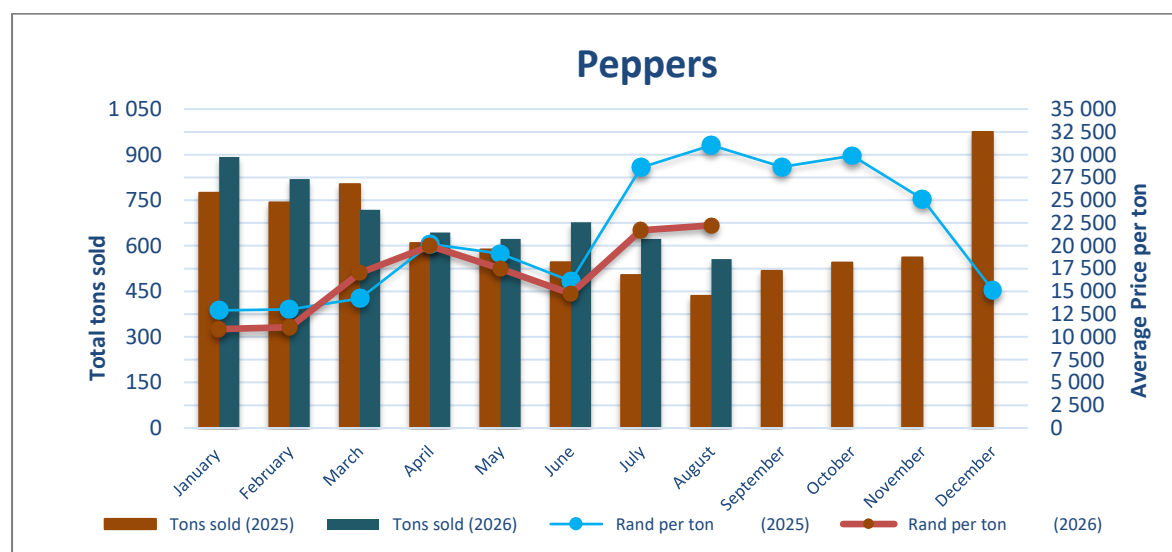
Source: Techno fresh (2026)

## 7. Peppers



As illustrated in figure 7 below, the total volume of peppers sold during August 2026 decreased by 10.7% from 622.3 tons in July 2026 to 555.9 tons. The average market price of peppers increased by 2.5% from R21699.1 in July 2026 to R22237.9 in August 2026. On an annual basis, the total volume of peppers sold during the period under review registered a year-on-year increase of 120.4 tons from 435.6 tons in August 2025 to 555.9 tons in August 2026. The average market price per ton on the other hand decreased by 28.4% from R31037.8 in August 2025 to R22237.9 in August 2026.

**Figure 7: Peppers sales on the Cape Town Fresh Produce Market**



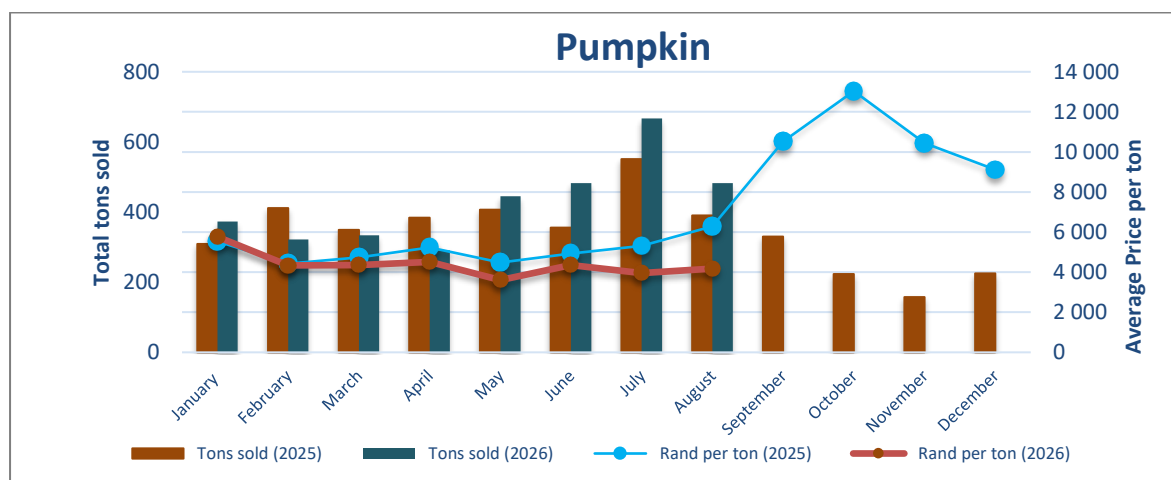
Source: Techno fresh (2026)

## 8. Pumpkin



A total of 482.7 tons of pumpkin was sold at the Cape Town fresh produce markets during August 2026. This presents 27.6% or 184.5-ton decrease from the previous month (July) record of 667.2 tons. The average market price increased by 5.6% or R223.20 from R3951.90 in July 2026 to R4175.10 in August 2026. On year and year basis pumpkins were trading at R6292.2 per ton in August 2025 compared to R4175.10 in August 2026. These results indicate a decrease of R2117.2 in price per ton of pumpkin between August 2025 and August 2026.

**Figure 8: Pumpkin sales on the Cape Town Fresh Produce Market**



Source: Techno fresh (2026)

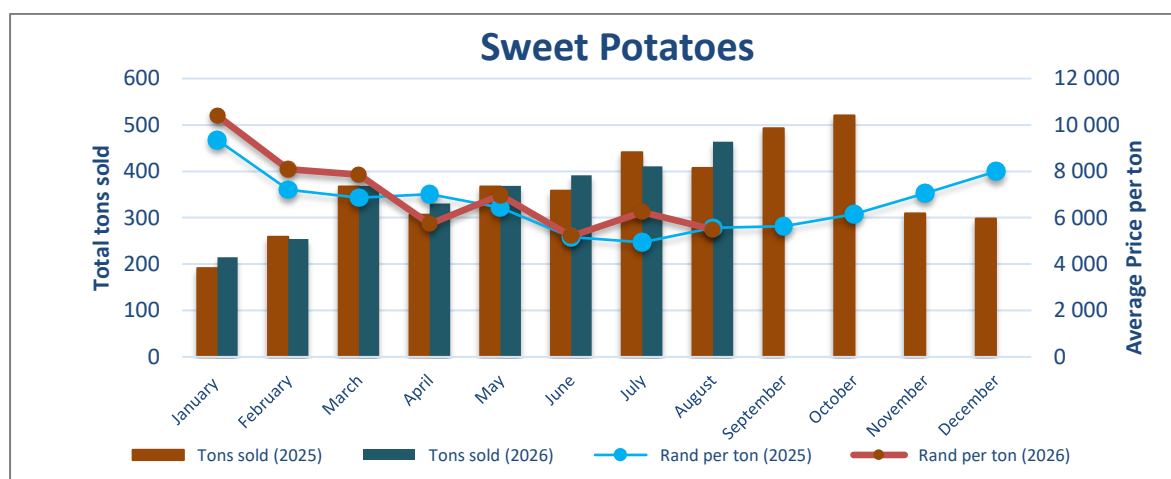
## 9. Sweet potato



The total volume of sweet potato sold at the Cape Town fresh produce market in August 2026 increased from 411.1 tons in July 2026 to 464.2 tons. This translates to 12.9% month-to-month increase recorded during the month of August 2026.

The total volume of sweet potato sold increased year-on-year by 14.1% from 407 tons in August 2025 to 464.2 tons in August 2026. Sweet potato was trading at R5490.0 during August 2026. On an annual basis, the average market price per ton decreased by 1.3% from R5560.5 in August 2025 to R5490.0 in August 2026.

**Figure 9: Sweet potato sales on the Cape Town Fresh Produce Market.**



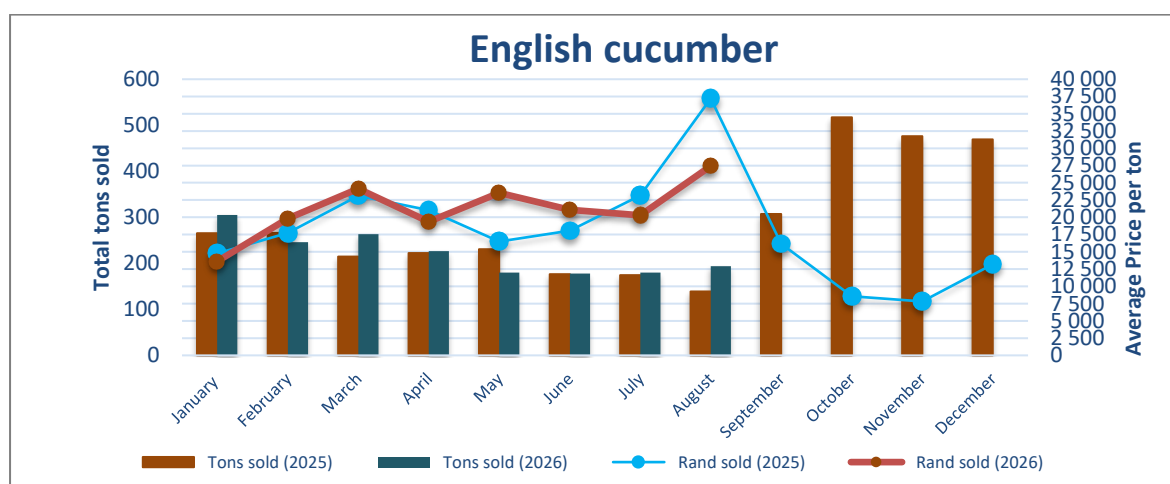
Source: Techno fresh (2026)

## 10. English cucumber



During the period under review (August 2026), the total volume of English cucumber sold amounted to 193.9 tons which is 7.7% or 13.9 tons more than 180.0 tons which was recorded in July 2026. The average market price of English cucumber increased by 35.2% from R20295.5 in July 2026 to R27431.4 in August 2026. On annual basis, the volume of tons of English cucumber increased by 39.7% (or 55.1 tons) from 138.8 tons in August 2025 to 193.9 tons in August 2026.

**Figure 10: English cucumber sales on the Cape Town Fresh Produce Market.**



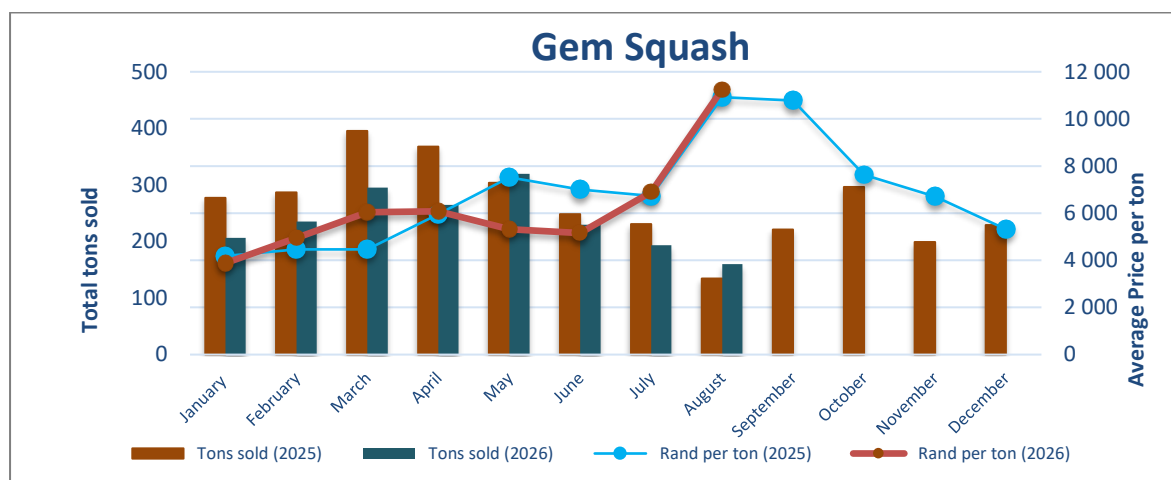
Source: Techno fresh (2026)

## 11. Gem squash



Figure 11 below shows the total volume of gem squash sold at the Cape Town fresh produce market in August 2026. The volume of gem squash sold during August 2026 decreased by 17.2% from 193.1 tons in July 2026 to 159.9 tons. The price per ton of gem squash increased by 63.3% from R6891.9 in July 2026 to R11255.0 in August 2026. On an annual basis, gem squash sold at the Cape Town fresh produce market increased by 18.9% during the period under review. As a result, the volume of squash sold increased from 134.5 tons in August 2025 to 159.9 tons in August 2026. The average market price of gem squash increased by 3% or R332.6 per ton from R10922.4 in August 2025 to R11255.0 in August 2026.

**Figure 11: Gem squash sales on the Cape Town Fresh Produce**



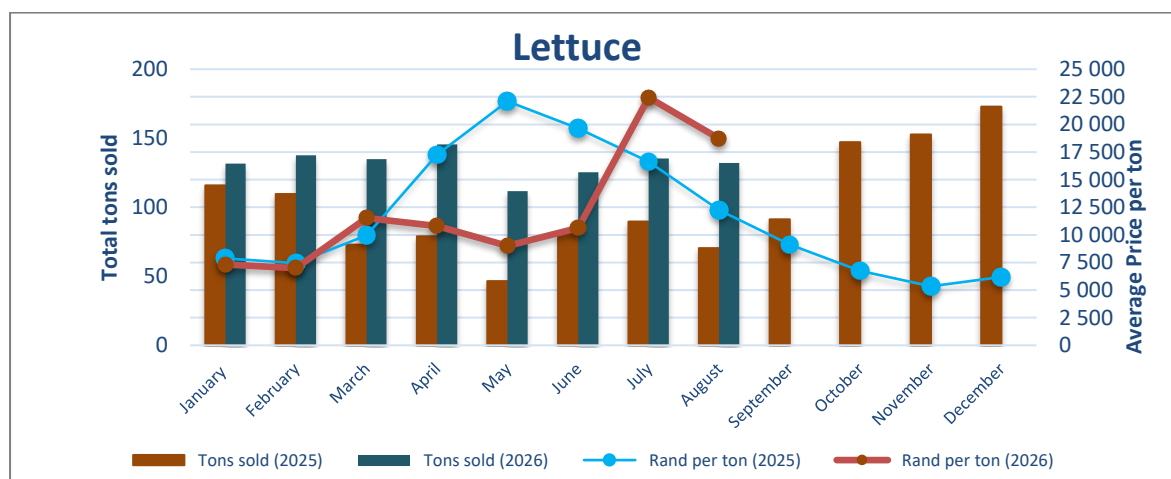
Source: Techno fresh (2026)

## 12. Lettuce



A total of 132.0 tons of lettuce was sold at the Cape Town fresh produce markets during August 2026. This presents 2.5% or 3.4 tons decrease from the previous month (July 2026) record of 135.4 tons. The average market price also decreased by 16.6% or R3718.1 from R22436.3 in July 2026 to R18718.3 in August 2026. On year on year, lettuce was trading at R12242.0 in August 2025 compared to R18718.3 in August 2026. These results indicate an increase of 52.9% in price per ton of lettuce between August 2025 and August 2026.

**Figure 12: Lettuce sales on the Cape Town Fresh Produce Market**



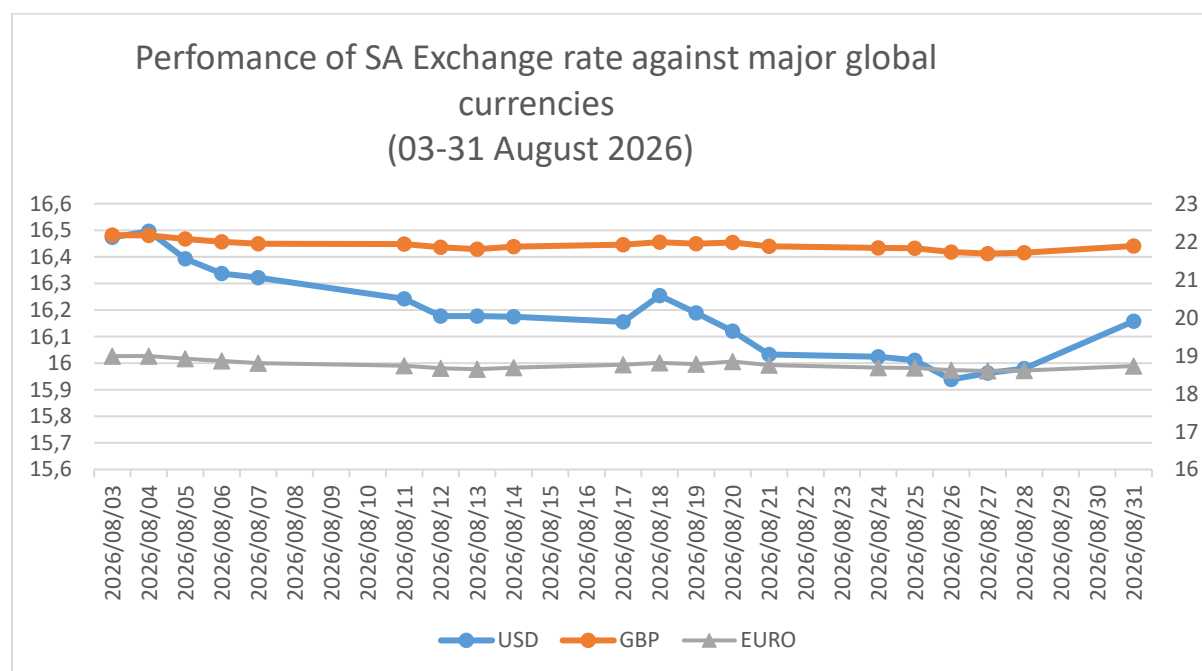
Source: Techno fresh (2026)

Table 1: Trend analysis of niche vegetables traded on the Cape Town Fresh Produce market.

| Product Name<br>highest to the lowest<br>volumes in August 2026 | Average<br>tons<br>August<br>2026 (Ton) | % change<br>in average<br>tons August<br>2026 (m/m) | Average Price<br>August 2026<br>(Rand/ton) | % change in<br>average price<br>August 2026<br>(m/m) |
|-----------------------------------------------------------------|-----------------------------------------|-----------------------------------------------------|--------------------------------------------|------------------------------------------------------|
| Baby marrow                                                     | 126,0                                   | 14,4%                                               | 12 211,8                                   | -20,0%                                               |
| Beetroot                                                        | 115,6                                   | -5,7%                                               | 8 330,7                                    | -10,3%                                               |
| Cauliflower                                                     | 85,5                                    | 182,0%                                              | 21 055,2                                   | -55,5%                                               |
| Green beans                                                     | 81,1                                    | 7,6%                                                | 26 446,9                                   | -25,3%                                               |
| Sweetcorn                                                       | 54,8                                    | 109,1%                                              | 33 260,6                                   | -15,0%                                               |
| Brinjals                                                        | 46,0                                    | -17,8%                                              | 24 937,3                                   | 34,8%                                                |
| Broccoli                                                        | 38,0                                    | 36,5%                                               | 30 870,6                                   | -21,6%                                               |
| Spinach                                                         | 26,4                                    | 38,8%                                               | 17 861,8                                   | -12,8%                                               |
| Spring onion                                                    | 21,5                                    | 1,5%                                                | 17 118,5                                   | 3,5%                                                 |
| Leeks                                                           | 18,7                                    | 9,4%                                                | 6 201,3                                    | -9,1%                                                |
| Radish                                                          | 2,4                                     | 2,1%                                                | 18 529,9                                   | -3,3%                                                |
| Patty pans                                                      | 1,8                                     | 43,6%                                               | 22 349,5                                   | 30,6%                                                |
| Mushrooms                                                       | 0,1                                     | 100,0%                                              | 70 000,0                                   | 100,0%                                               |
| Marrows                                                         | 0                                       | 0%                                                  | 0                                          | 0%                                                   |
| Hubbard squash                                                  | 0                                       | 0%                                                  | 0                                          | 0%                                                   |

Source: Techno fresh (2026)

#### Exchange Rates



Source: South African Reserve Bank (2026)

During the reporting period 03-31 August 2026, looking at month-to-month average of the South African Rand, it can be noted that it strengthened against US Dollar and Great British Pound and the Euro. During this period the US Dollar was trading at R16.18 in August 2026 compared to R16.46 in July 2026. Great British Pound was trading at R21.91 in August 2026 compared to R21.75 in July 2026. Lastly the Euro was trading at R18.75 in August 2026 compared to R18.80 in July 2026.

## Energy

**Table 3.1 Basic fuel Price adjustments**

| Product Description                      | Numerical adjustment applicable to the coast parts in South Africa | Price adjustment Description                         | The average price (cents) applicable to the coastal parts of South Africa |
|------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------|---------------------------------------------------------------------------|
| <b>Petrol 95 ULP</b>                     | 52,00                                                              | cents per litre <b>decrease</b> in the retail price. | 2471,00                                                                   |
| <b>Diesel 0.05% Sulphur</b>              | 138,440                                                            | cents per litre <b>increase</b> in the retail price. | 2530,010                                                                  |
| <b>Illuminating Paraffin (Wholesale)</b> | 152,00                                                             | cents per litre <b>increase</b> the retail price.    | 1770,698                                                                  |
| <b>LPGAS (maximum retail price)</b>      | 441,00                                                             | cents per litre <b>decrease</b> in the retail price. | 3344,000                                                                  |

The Department of Energy has announced fuel price adjustments with effect from 05 August 2026. The price of Petrol 95 ULP decreased by 52 cents, the price of diesel (0.05% sulphur) increased by 138 cents, price of paraffin increased by 152 cents. Lastly, LPGAS's maximum retail price increased by 441 cents during the reporting period.

## ACKNOWLEDGMENTS

The below-listed sources are acknowledged, as cited in this publication:

Agricultural Produce Agents Council (APAC): [www.apacweb.org.za](http://www.apacweb.org.za)

Agricultural Research Council (ARC): [www.arc.agric.za](http://www.arc.agric.za)

Department of Agriculture, Forestry and Fisheries (DAFF): [www.daff.gov.za](http://www.daff.gov.za)

Department of Agriculture, Forestry and Fisheries (DAFF): [www.daff.gov.za](http://www.daff.gov.za)

Mineral resources & energy: [Petrol Price Media Release \(dmre.gov.za\)](http://Petrol Price Media Release (dmre.gov.za))

Department of Water & Sanitation (DWS): [www.dwa.gov.za](http://www.dwa.gov.za)

Elsenburg (Western Cape Department of Agriculture): [www.elsenburg.com](http://www.elsenburg.com)

Organization of the Petroleum Exporting Countries (OPEC): [www.opec.org/opec](http://www.opec.org/opec)

Potatoes South Africa: [www.potatoes.co.za](http://www.potatoes.co.za)

South African Government: [www.gov.za](http://www.gov.za)

South African Reserve Bank (SARB): <https://www.resbank.co.za/en/home/what-we-do/statistics/key-statistics/selected-historical-rates>

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