



**Western Cape
Government**

Agriculture

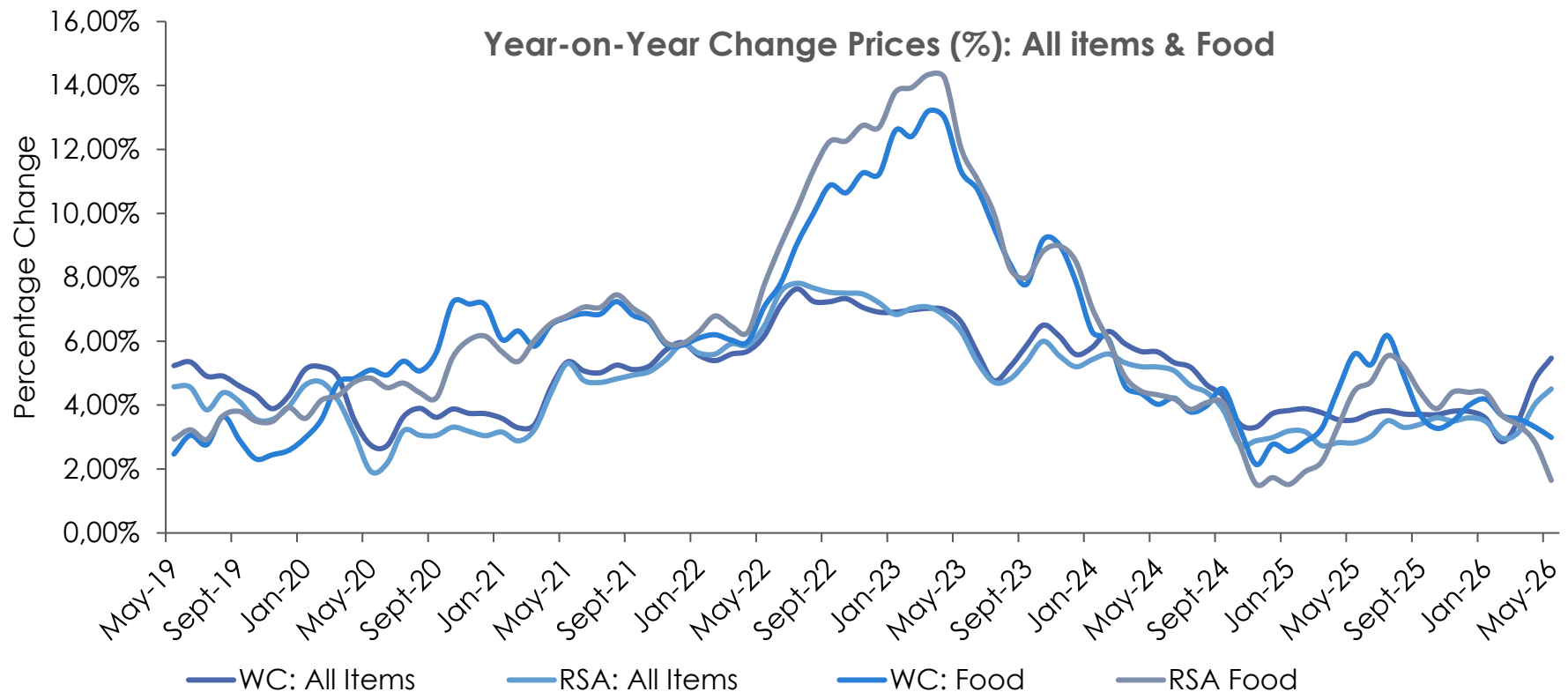
FOR YOU

Department of Agriculture

Western Cape Food Inflation: May 2026

Sibulali : 30-June 2026

WC vs RSA Food Inflation: May-2019 to May-2026 (Year-on-Year Change %)



WC headline inflation reached 5.47% in May 2026 (y-on-y), higher than the National 4.5%

The WC Food inflation recorded 2.99% (y-on-y), while the country was at 1.64%

Food inflation has been declining over the past few months of 2026, improving households purchasing power.

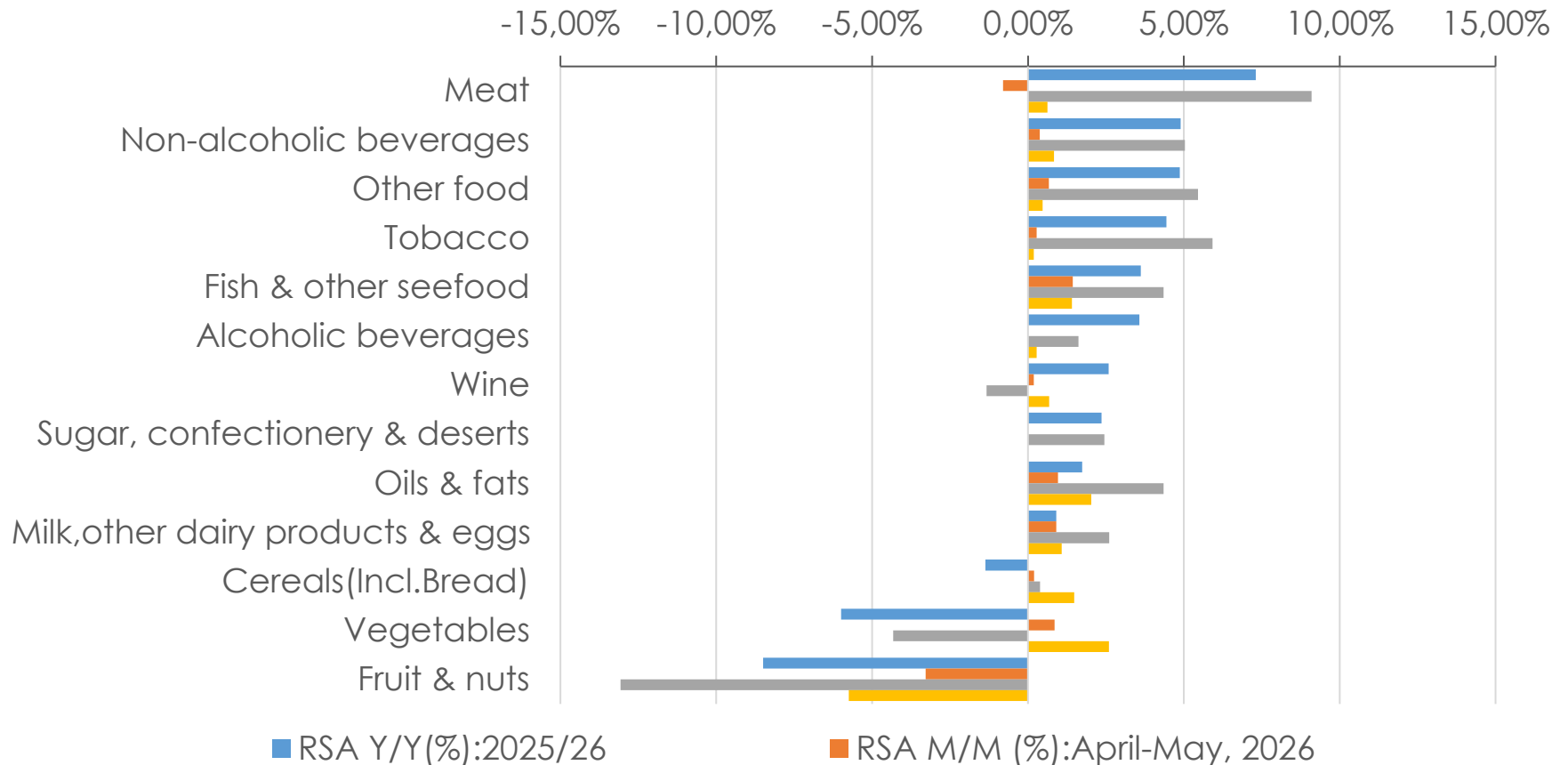
WC Food Inflation for selected food basket (Month-on-Month)

- ❑ Vegetables (2.6%), oil and fats (2.0%), and fish and other seafood (1.4%) had the highest price change between April 2026 and May 2026 (m-on-m) in Western Cape
- ❑ Major decline was observed in fruits and nuts (-5.7%) this is attributed to ample harvest and domestic supply

Food Product Items	RSA Y/Y(%):2025/26	RSA M/M (%):April- May, 2026	WC Y/Y(%):2025/26	WC M/M (%):April-May, 2026
Meat	7,31%	-0,8%	9,1%	0,6%
Non-alcoholic beverages	4,90%	0,4%	5,0%	0,8%
Other food	4,87%	0,7%	5,5%	0,5%
Tobacco	4,44%	0,3%	5,9%	0,2%
Fish & other seefood	3,62%	1,4%	4,4%	1,4%
Alcoholic beverages	3,57%	0,0%	1,6%	0,3%
Wine	2,59%	0,2%	-1,3%	0,7%
Sugar, confectionery & deserts	2,36%	0,0%	2,5%	0,0%
Oils & fats	1,74%	1,0%	4,3%	2,0%
Milk, other dairy products & eggs	0,91%	0,9%	2,6%	1,1%
Cereals(Incl.Bread)	-1,36%	0,2%	0,4%	1,5%
Vegetables	-5,99%	0,9%	-4,3%	2,6%
Fruit & nuts	-8,50%	-3,3%	-13,1%	-5,7%

Continued.....

WC food price increases on monthly bases was observed in Fruits & nuts, vegetables, and fish & other seafood



Thank you

Mr A Sibulali
Email: Ayabonga.Sibulali@westerncape.gov.za