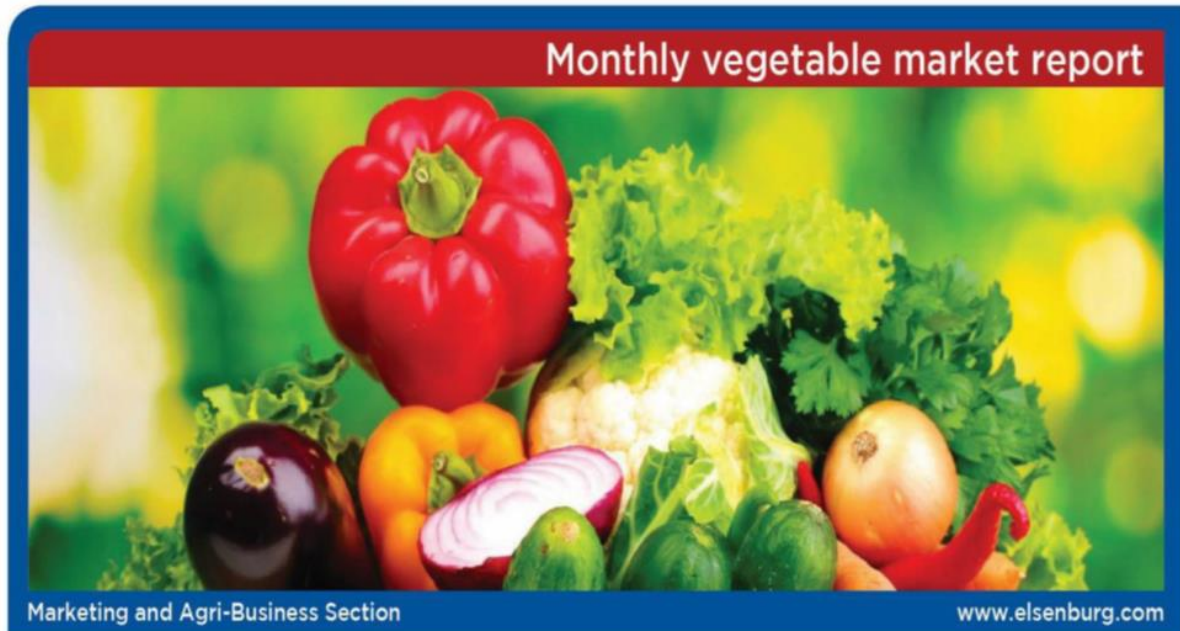


## MONTHLY VEGETABLE REPORT



Review period: 01 March 2025 to 01 March 2026

### MONTHLY MARKET INFORMATION REPORT: VEGETABLES

Issue: 2026/03

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## INTRODUCTION

The Cape Town Fresh produce market monthly report aims to bring forth information about the performance of selected vegetable sales in the market during the period under review. At a given month the report looks at the main commodities that are traded in the Cape Town fresh produce market in terms of average volume (tons) and prices (Rand per ton). The report also looks into international and local issues that affect the fresh produce industry.

## **OVERVIEW OF THE NATIONAL AGRICULTURAL MARKETING INFORMATION SYSTEM (AMIS), OFFERED BY THE DEPARTMENT OF AGRICULTURE, FORESTRY AND FISHERIES (DAFF)**

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The Agricultural Marketing Information Systems (AMIS) is a database interface offered by the Department of Agriculture, Forestry and Fisheries (DAFF).

The main purpose of the Agricultural Marketing Information System (AMIS) is to provide reliable & updated information to farmers. In order to assist farmers to plan activities relating to production and marketing in a much-informed manner.

Agricultural market information is provided for horticulture, field crops, livestock and industrial products, and includes the following categories:

- marketing prices,
- grading and standard information,
- annual price trends, and
- marketing news (pertaining to the application procedures for import and export permits).

Click on the following website link to access the [DAFF AMIS](http://webapps.daff.gov.za/amis) web application, or alternatively go to the web address: <http://webapps.daff.gov.za/amis> (no subscription fee payable to access system). Cell phone user can send an SMS to **\*120\*4040#** (charged at standard SMS rates)

**Please note that prices are updated at 12h00 a.m on a daily basis.**

## Vegetable price and volume trend analysis

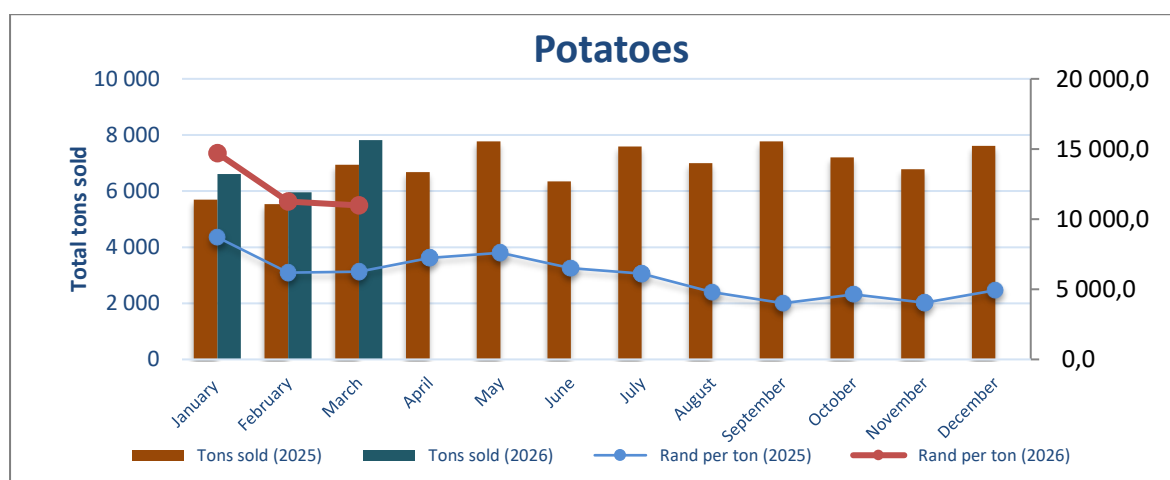
Vegetables are part of important annual crops for the South African agricultural industry. They play a fundamental role in contributing to various agricultural industries who are directly and indirectly involved in the vegetable industry. In return these industries make a significant contribution to employment creation and revenue generation in the Western Cape. At the fresh produce markets trade occurs on the market floors and market forces (i.e. demand and supply) determine prices of vegetables and fruits. The performance of the vegetable industry is largely dependent on climatic conditions and this impact on crop production. This occurs throughout all stages of production until the produce is harvested and ready for the market. Forming part of these climatic conditions is; drought, flood, hail and heat wave. In analyzing the price and volume of traded commodities, factors that impact on crops development and production are taken into consideration. Below are different figures of the main vegetables that are traded in the market in terms of prices and volumes.



### 1. Potatoes

As illustrated in the figure 1, the volume of Potatoes sold at the Cape Town Fresh produce market during the month of March 2026 increased by 31% from 5957.2 tons in February 2026 to 7815.5 tons. This translates to (1858.3) ton increase in the tons of potatoes sold at Cape Town Fresh produce market during the month of March 2026. The average market price per ton of potatoes sold decreased by 7% (or R345.4) from R5072.5 in February 2026 to R4727.1 in March 2026. Sales on the Cape Town market traded at 24% y/y per ton, lower than in the same period last year. The volume of potatoes sold increased by 13% y/y compared to the same period last year.

**Figure 1: Potato prices and quantity traded at Cape Town Fresh Produce market.**



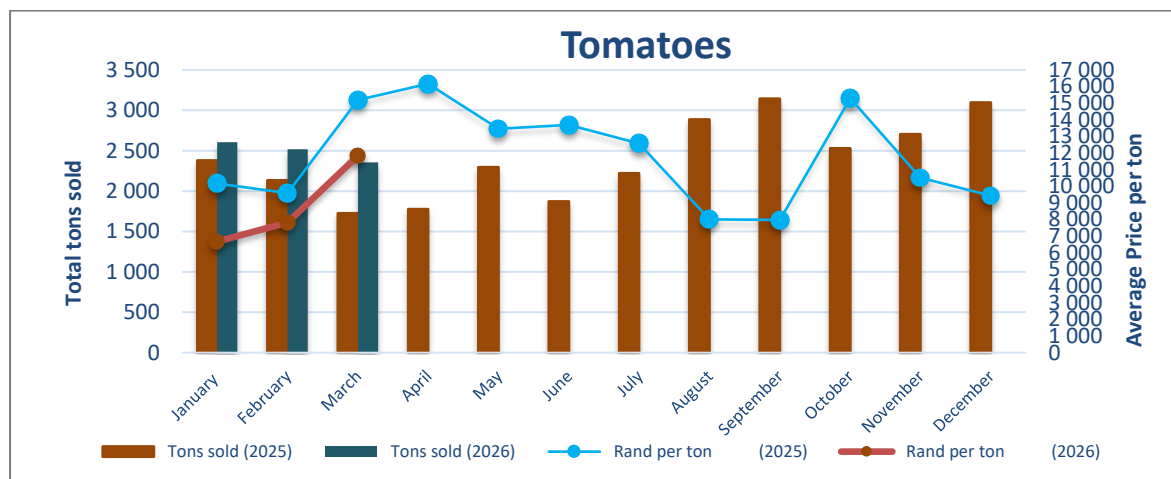
Source: Techno fresh (2026)

## 2. Tomatoes



The total amount of tomatoes sold during March 2026 was 2356.4 tons, which shows 161.9 (ton) decrease from 2518.3 tons recorded in February 2026. Tomatoes were trading at R11839.5 in March 2026.

**Figure 2: Tomatoes sales on the Cape Town Fresh Produce Market**



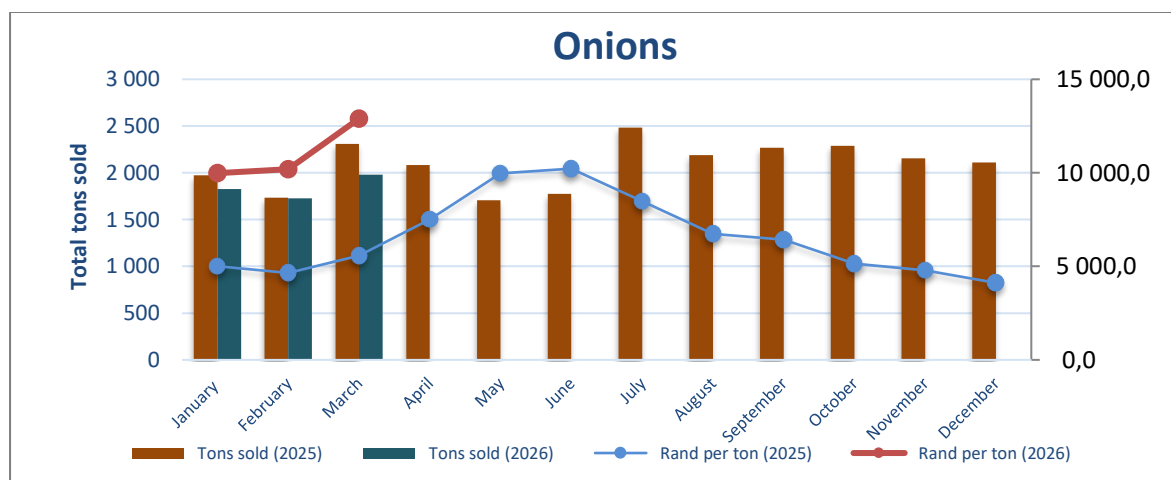
Source: Techno fresh (2026)

## 3. Onions



In March 2026, the volume of onions traded in the Cape Town fresh produce market was 1980.8 tons, which shows 14.7% increase from 1727.1 tons recorded in February 2026. The price per ton of onions sold on the market also increased by 32.1% from R5545.3 in February 2026 to R7326.0 in March 2026.

**Figure 3: Onions prices and quantity traded at Cape Town Fresh Produce market.**



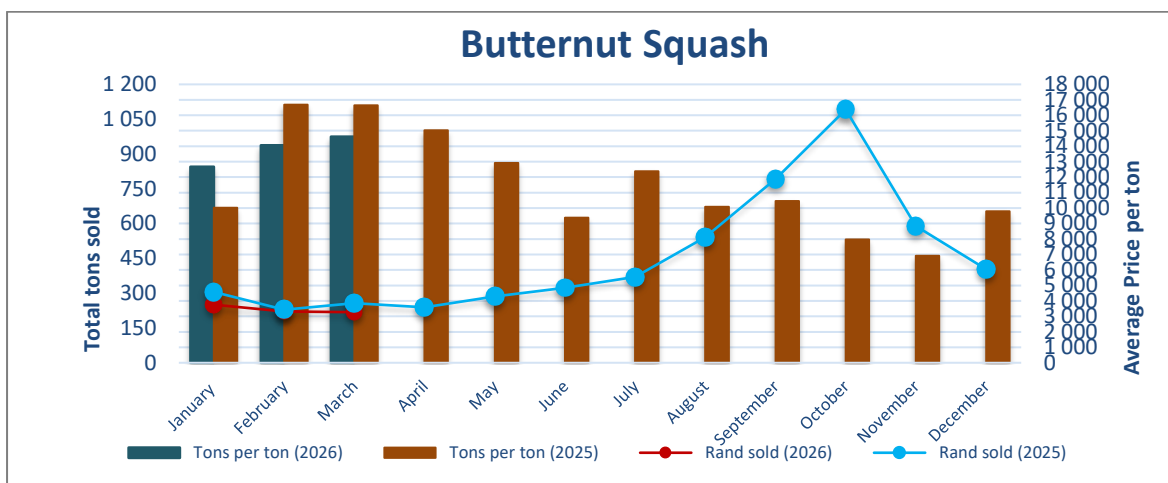
Source: Techno fresh (2026)

#### 4. Butternut Squash



Figure 4 below represents the volume of butternut squash sold at the Cape Town fresh produce market during the month of March 2026. The volume of butternut squash sold increased by 3.9% from 937.2 tons in February 2026 to 973.8 tons in March 2026. The price per ton of butternut decreased by 1.2% from R3310.8 in February 2026 to R3270.3 in March 2026. On a year-to-year basis the quantity of butternut squash sold during March 2025, and March 2026 decreased by 12.3%. The price of butternut sold during the same period (2025/26) also decreased by 15.2% from R3857.0 per ton in March 2025 to R3270.3 per ton in March 2026.

**Figure 4: Butternut squash sales on the Cape Town Fresh Produce Market**



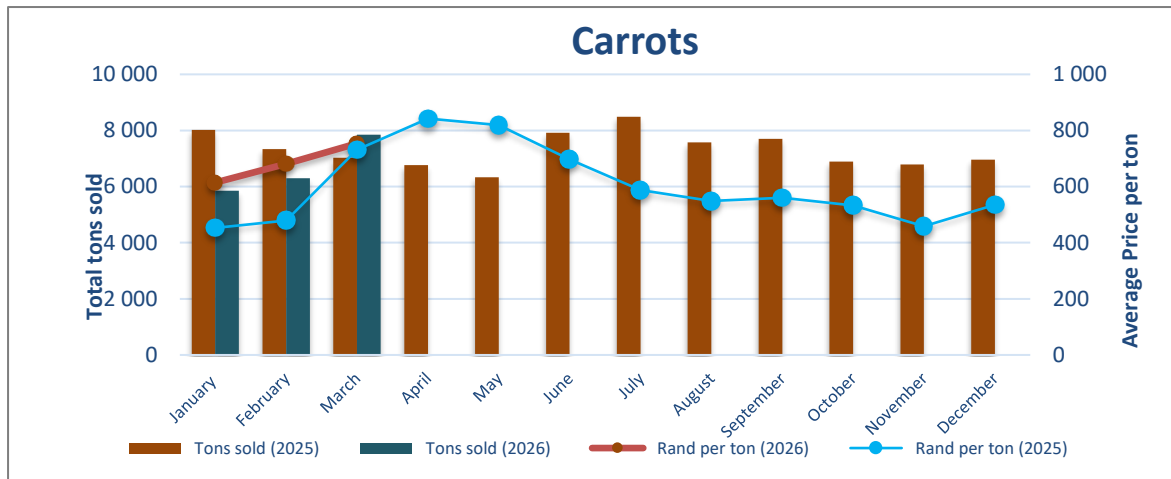
Source: Techno fresh (2026)

#### 5. Carrots



As indicated by Figure 5 below shows the total volume of carrots traded at Cape Town fresh produce market during March 2026. The volume of carrots traded in March 2026, increased month-month by 24.8% from 629.2 tons in February 2026 to 785.4 tons . When comparing year-on-year, the amount of carrots traded during this period decreased by 11.7% from 702.8 tons in March 2025 to 7538.2 tons in March 2026. In March 2026 carrots was trading at R7538.2 per ton, which indicates 10.7% increase in price per ton of carrots between February 2026 to March 2026. The average market price per ton of carrots increased by 3.1% y/y from R7309.7 in March 2025 to R7538.2 in March 2026.

**Figure 5: Carrots sales on the Cape Town Fresh Produce Market**



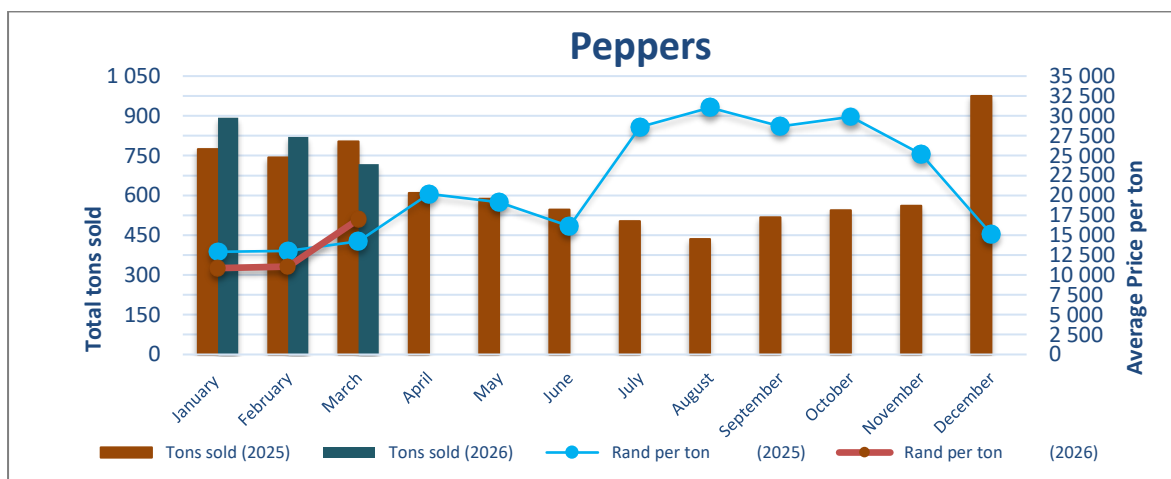
Source: Techno fresh (2026)

## 6. Peppers



As illustrated in figure 6 below, the total volume of peppers sold during March 2026 decreased by 12.4% from 820 tons in February 2026 to 718.1 tons. The average market price of peppers increased by a notable 54% from R11051.1 in February 2026 to R17019.8 in March 2026. On an annual basis, the total volume of peppers sold during the period under review registered a year-on-year decrease of 85.2 tons from 803.3 tons in March 2025 to 718.1 tons in March 2026. The average market price per ton on the other hand increased by 19.6% from R14227.6 in March 2025 to R17019.8 in March 2026.

**Figure 6: Peppers sales on the Cape Town Fresh Produce Market**



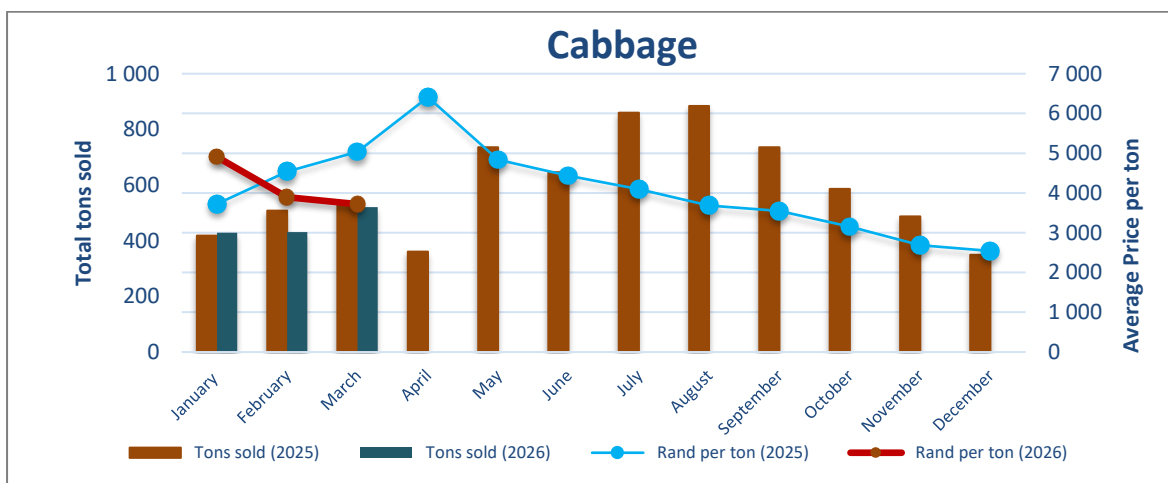
Source: Techno fresh (2026)

## 7. Cabbages



The total volume of cabbage sold at the Cape Town fresh produce market during March 2026 recorded a month-to-month increase of 20.8% or 89.5 tons. The total volume of cabbage sold increased from 431.1 tons in February 2026 to 520.5 tons in March 2026. The average market price per ton of cabbage decreased by 4.5% from R3896.0 in February 2026 to R3718.9 in March 2026. On an annual basis, the total volume of cabbage sold decreased from 527.8 tons obtained in March 2025 to 520.5 tons in March 2026. This represents a year-on-year decrease of 1.4%, that is 7.2 tons less than the amount registered during the same period last year.

**Figure 7: Cabbages sales on the Cape Town Fresh Produce Market**



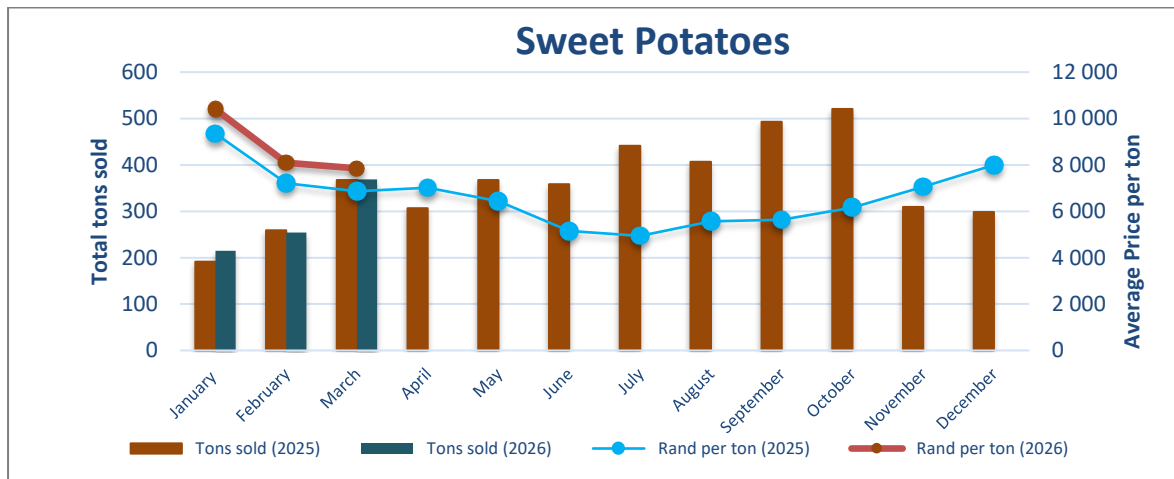
Source: Techno fresh (2026)

## 8. Sweet potato



The total volume of sweet potato sold at the Cape Town fresh produce market in March 2026 increased from 254.0 tons in February 2026 to 368.5 tons. This translates to 45.1% month-to-month increase recorded during the month of March 2026. The total volume of sweet potato sold increased year-on-year by 0.3% from 367.2 tons in March 2025 to 368.5 tons in March 2026. Sweet potato was trading at R7849.5 during March 2026. On an annual basis, the average market price per ton increased by 14.3% from R6868.8 in March 2025 to R7849.5 in March 2026.

**Figure 8: Sweet potato sales on the Cape Town Fresh Produce Market.**



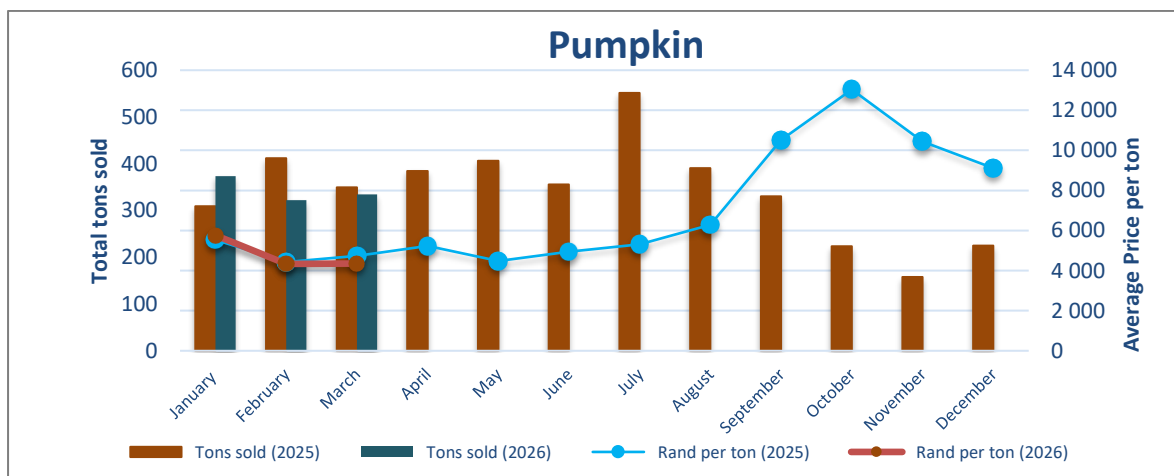
Source: Techno fresh (2026)

### 9. Pumpkin



A total of 334.1 tons of pumpkin was sold at the Cape Town fresh produce markets during March 2026. This presents a 3.7% or 12-ton increase from the previous month (February) record of 322.1 tons. The average market price increased by 0.5% or R20.40 from R4336.10 in February 2026 to R4356.50 in March 2026. On year and year basis, pumpkin was trading at R4739.70 per ton in March 2025 compared to R4356.50 in March 2026. These results indicate a decrease of R383.20 in price per ton of pumpkin between March 2025 and March 2026.

**Figure 9: Pumpkin sales on the Cape Town Fresh Produce Market**



Source: Techno fresh (2026)

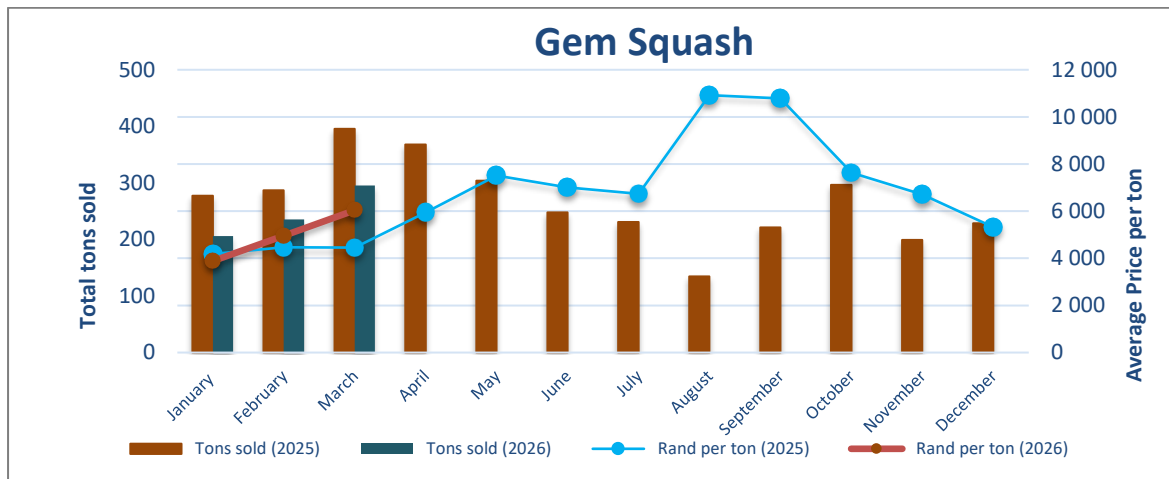
## 10. Gem squash



Figure 10 below shows the total volume of gem squash sold at the Cape Town fresh produce market in March 2026. The volume of gem squash sold during March 2026 increased by 25.6% from 235.2 tons in February 2026 to 295.4 tons.

The price per ton of gem squash also increased by 21.9% from R4952.3 in February 2026 to R6038.10 in March 2026. On an annual basis, gem squash sold at the Cape Town fresh produce market decreased by 25.3% during the period under review. As a result, the volume of gem squash sold decreased from 395.4 tons in March 2025 to 295.4 tons in March 2026. The average market price of gem squash increased by 35.4% or R1580.2 per ton from R4457.90 in March 2025 to R6038.10 in March 2026.

**Figure 10: Gem squash sales on the Cape Town Fresh Produce**



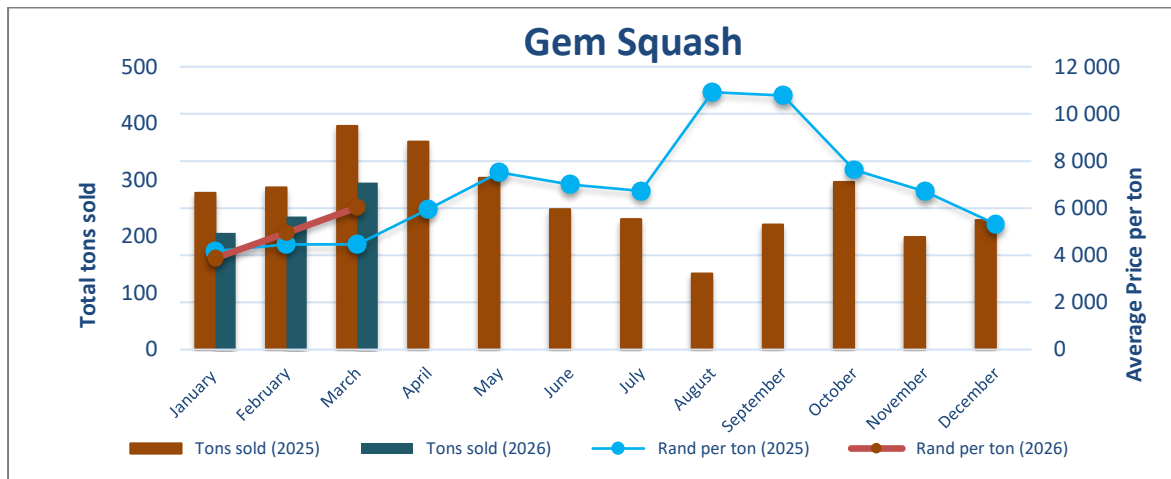
Source: Techno fresh (2026)

## 11. English cucumber



During the period under review (March 2026), the total volume of English cucumber sold amounted to 263.2 tons which is 7% or 17.3 tons more than 245.9 tons which was recorded in February 2026. The average market price of English cucumber increased by 21.9% from R19821.0 in February 2026 to R24152.60 in March 2026. On annual basis, the volume of tons of English cucumber increased by 22.8% (or 48.9 tons) from 214.4 tons in March 2025 to 263.2 tons in March 2026.

**Figure 11: English cucumber sales on the Cape Town Fresh Produce Market.**



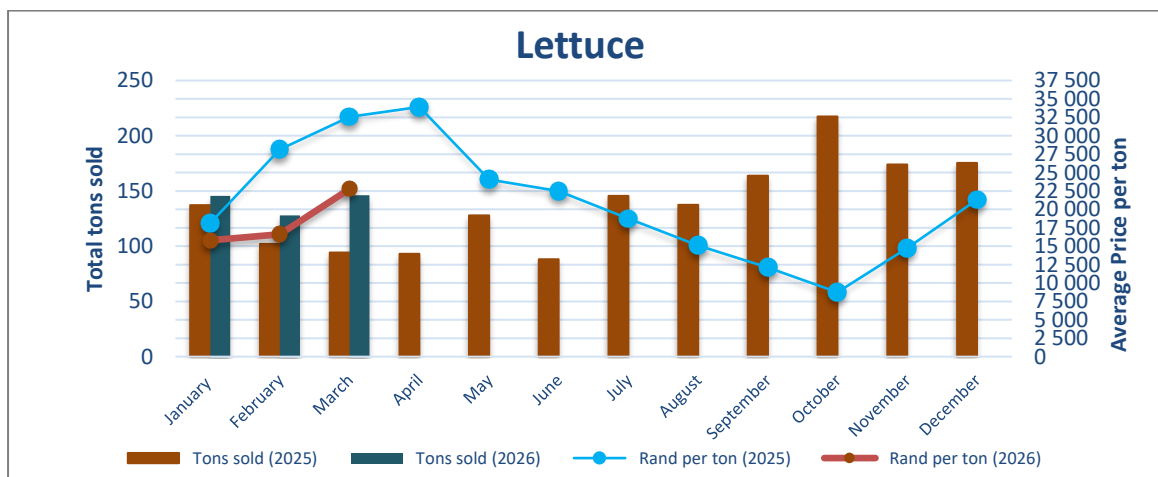
Source: Techno fresh (2026)

## 12. Lettuce



A total amount of 146.1 tons of lettuce was sold at the Cape Town fresh produce markets during March 2026. This presents 14.1% or 18.1 tons increase from the previous month (February 2026) record of 128.0 tons. The average market price also increased by 37% or R6149.6 from R16625.7 in February 2026 to R22775.4 in March 2026. On year on year, lettuce was trading at R32579.9 in March 2025 compared to R22775.4 in March 2026. These results indicate a decrease of 30.1% in price per ton of lettuce between March 2025 and March 2026.

**Figure 12: Beetroot sales on the Cape Town Fresh Produce Market**



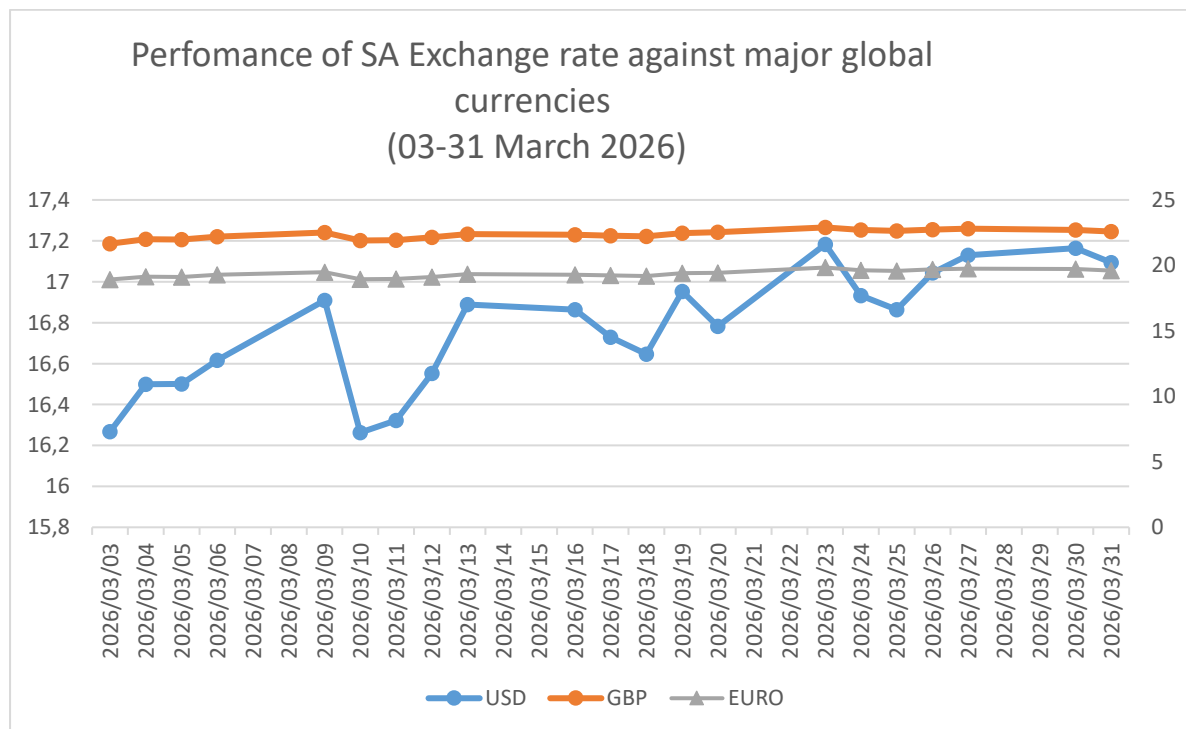
Source: Techno fresh (2026)

Table 1: Trend analysis of niche vegetables traded on the Cape Town Fresh Produce market.

Product Name highest to the lowest volumes in March 2026	Average tons March 2026 (Ton)	% change in average tons March 2026 (m/m)	Average Price March 2026 (Rand/ton)	% change in average price March 2026 (m/m)
Beetroot	134,9	-2,0%	11 516,7	64,7%
Baby marrow	97,3	16,4%	16 434,2	14,1%
Green beans	77,8	19,6%	22 281,1	2,4%
Brinjals	59,3	-4,3%	13 975,0	45,8%
Sweetcorn	54,4	-21,8%	26 368,2	30,5%
Cauliflower	47,1	-32,0%	24 961,2	52,3%
Spring onion	23,4	23,0%	35 608,7	11,4%
Broccoli	21,1	-32,0%	53 075,6	67,7%
Spinach	17,5	36,6%	23 106,4	35,4%
Hubbard squash	12,2	768,4%	3 316,1	23,7%
Leeks	11,1	-2,6%	6 755,0	-6,5%
Radish	3,2	-4,7%	21 961,1	-16,3%
Patty pans	2,2	110,1%	21 689,8	-24,5%
Marrows	1,1	230,3%	3 532,1	-30,6%
Mushrooms	0,2	100,0%	89 483,9	100,0%

Source: Techno fresh (2026)

### Exchange Rates



Source: South African Reserve Bank (2026)

During the reporting period 03-31 March 2026, looking at month-to-month average of the South African Rand, it can be noted that it weakened against the US Dollar, Great British Pound and the Euro. During this period the US Dollar was trading at R16.74 in March 2026 compared to R15.98 in February 2026. Great British Pound was trading at R22.32 in March 2026 compared to R21.73 in February 2026, while the Euro was trading at R19.34 in March 2025 compared to R18.91 in February 2026.

## Energy

**Table 3.1 Basic fuel Price adjustments**

Product Description	Numerical adjustment applicable to the coast parts in South Africa	Price adjustment Description	The average price (cents) applicable to the coastal parts of South Africa
<b>Petrol 95 ULP &amp; LRP</b>	20,00	cents per litre <b>increase</b> in the retail price.	1947,00
<b>Diesel 0.05% Sulphur</b>	62,00	cents per litre <b>increase</b> in the retail price.	1770,530
<b>Illuminating Paraffin (Wholesale)</b>	44,00	cents per litre <b>increase</b> the retail price.	1152,598
<b>LPGAS (maximum retail price)</b>	23,00	cents per litre <b>increase</b> in the retail price.	3172,00

The Department of Energy has announced fuel price adjustments with effect from 04 March 2026. The price of Petrol 95 ULP & LRP increased by 20 cents, the price of diesel (0.05% sulphur) increased by 62 cents, price of paraffin increased by 44 cents. Lastly, LPGAS's maximum retail price increased by 23 cents during the reporting period.

## ACKNOWLEDGMENTS

The below-listed sources are acknowledged, as cited in this publication:

Agricultural Produce Agents Council (APAC): [www.apacweb.org.za](http://www.apacweb.org.za)

Agricultural Research Council (ARC): [www.arc.agric.za](http://www.arc.agric.za)

Department of Agriculture, Forestry and Fisheries (DAFF): [www.daff.gov.za](http://www.daff.gov.za)

Department of Agriculture, Forestry and Fisheries (DAFF): [www.daff.gov.za](http://www.daff.gov.za)

Mineral resources & energy: [Petrol Price Media Release \(dmre.gov.za\)](http://Petrol Price Media Release (dmre.gov.za))

Department of Water & Sanitation (DWS): [www.dwa.gov.za](http://www.dwa.gov.za)

Elsenburg (Western Cape Department of Agriculture): [www.elsenburg.com](http://www.elsenburg.com)

Organization of the Petroleum Exporting Countries (OPEC): [www.opec.org/opec](http://www.opec.org/opec)

Potatoes South Africa: [www.potatoes.co.za](http://www.potatoes.co.za)

South African Government: [www.gov.za](http://www.gov.za)

South African Reserve Bank (SARB): <https://www.resbank.co.za/en/home/what-we-do/statistics/key-statistics/selected-historical-rates>

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Trading Economics (2018): <https://tradingeconomics.com/south-africa/balance-of-trade>

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