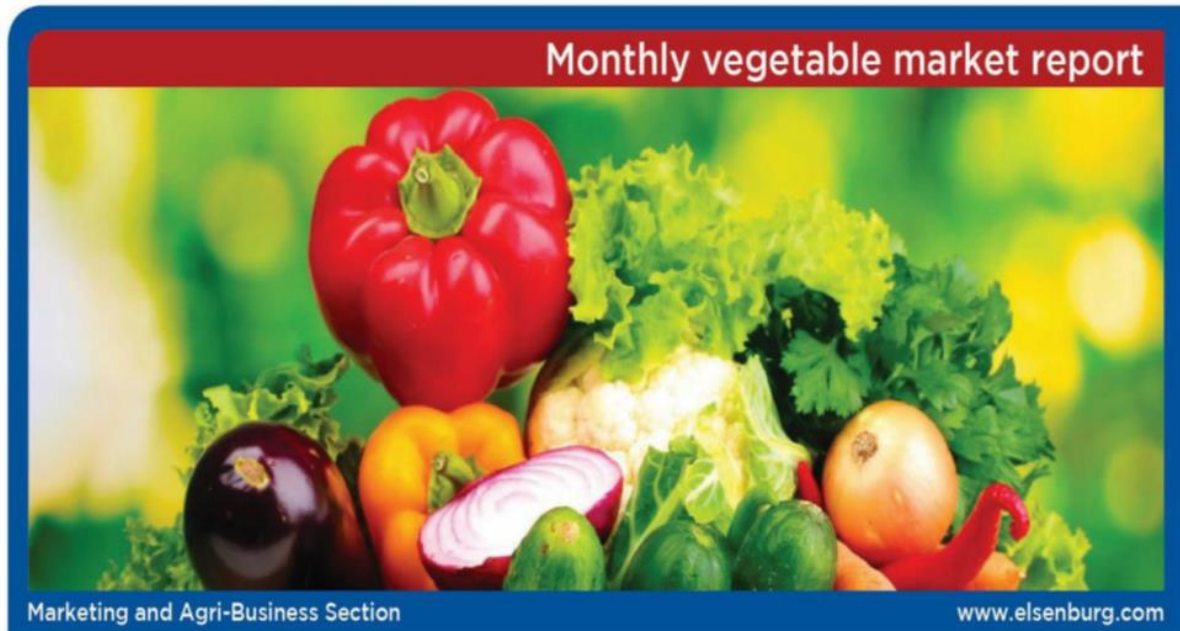


MONTHLY VEGETABLE REPORT



Review period: 01 December 2024 to 01 December 2025

MONTHLY MARKET INFORMATION REPORT: VEGETABLES

Issue: 2025/12

INTRODUCTION

The Cape Town Fresh produce market monthly report aims to bring forth information about the performance of selected vegetable sales in the market during the period under review. At a given month the report looks at the main commodities that are traded in the Cape Town fresh produce market in terms of average volume (tons) and prices (Rand per ton). The report also looks into international and local issues that affect the fresh produce industry.

OVERVIEW OF THE NATIONAL AGRICULTURAL MARKETING INFORMATION SYSTEM (AMIS), OFFERED BY THE DEPARTMENT OF AGRICULTURE, FORESTRY AND FISHERIES (DAFF)

The Agricultural Marketing Information Systems (AMIS) is a database interface offered by the Department of Agriculture, Forestry and Fisheries (DAFF).

The main purpose of the Agricultural Marketing Information System (AMIS) is to provide reliable & updated information to farmers. In order to assist farmers to plan activities relating to production and marketing in a much-informed manner.

Agricultural market information is provided for horticulture, field crops, livestock and industrial products, and includes the following categories:

- marketing prices,
- grading and standard information,
- annual price trends, and
- marketing news (pertaining to the application procedures for import and export permits).

Click on the following website link to access the [DAFF AMIS](http://webapps.daff.gov.za/amis) web application, or alternatively go to the web address: <http://webapps.daff.gov.za/amis> (no subscription fee payable to access system). Cell phone user can send an SMS to ***120*4040#** (*charged at standard SMS rates*)

Please note that prices are updated at 12h00 a.m on a daily basis.

Vegetable price and volume trend analysis

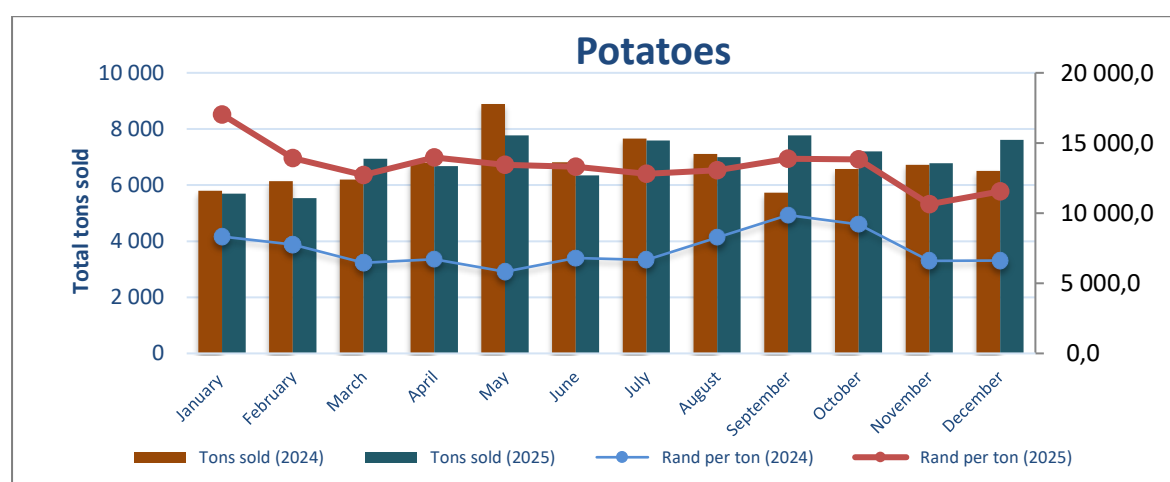
Vegetables are part of important annual crops for the South African agricultural industry. They play a fundamental role in contributing to various agricultural industries who are directly and indirectly involved in the vegetable industry. In return these industries make a significant contribution to employment creation and revenue generation in the Western Cape. At the fresh produce markets trade occurs on the market floors and market forces (i.e. demand and supply) determine prices of vegetables and fruits. The performance of the vegetable industry is largely dependent on climatic conditions and this impact on crop production. This occurs throughout all stages of production until the produce is harvested and ready for the market. Forming part of these climatic conditions is; drought, flood, hail and heat wave. In analyzing the price and volume of traded commodities, factors that impact on crops development and production are taken into consideration. Below are different figures of the main vegetables that are traded in the market in terms of prices and volumes.



1. Potatoes

As illustrated in the figure 1, the volume of Potatoes sold at the Cape Town Fresh produce market during the month of December 2025 increased by 12% from 6776.9 tons in November 2025 to 7609.7 tons. This translates to (832.7) ton increase in the tons of potatoes sold at Cape Town Fresh produce market during the month of December 2025. The average market price per ton of potatoes sold also increased by 22% (or R894.0) from R4041.4 in November 2025 to R4935.5 in December 2025. Sales on the Cape Town market traded at 25% y/y per ton, lower than in the same period last year. The volume of potatoes sold increased by 17% y/y compared to the same period last year.

Figure 1: Potato prices and quantity traded at Cape Town Fresh Produce market.



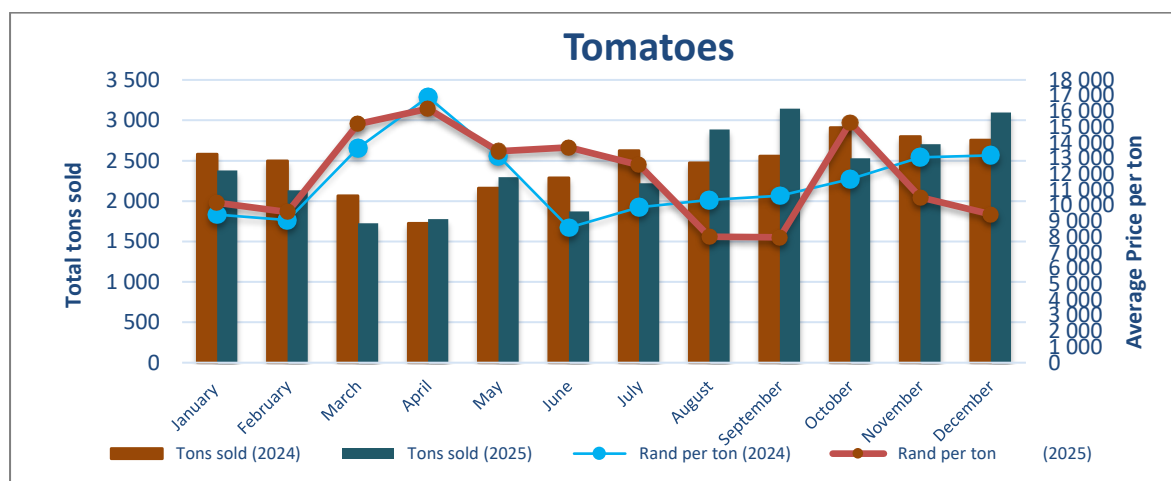
Source: Techno fresh (2025)

2. Tomatoes



The total amount of tomatoes sold during December 2025 was 3098.2 tons, which shows a 393.7 (ton) increase from 2704.5 tons recorded in November 2025. Tomatoes were trading at R9438.9 in December 2025.

Figure 2: Tomatoes sales on the Cape Town Fresh Produce Market



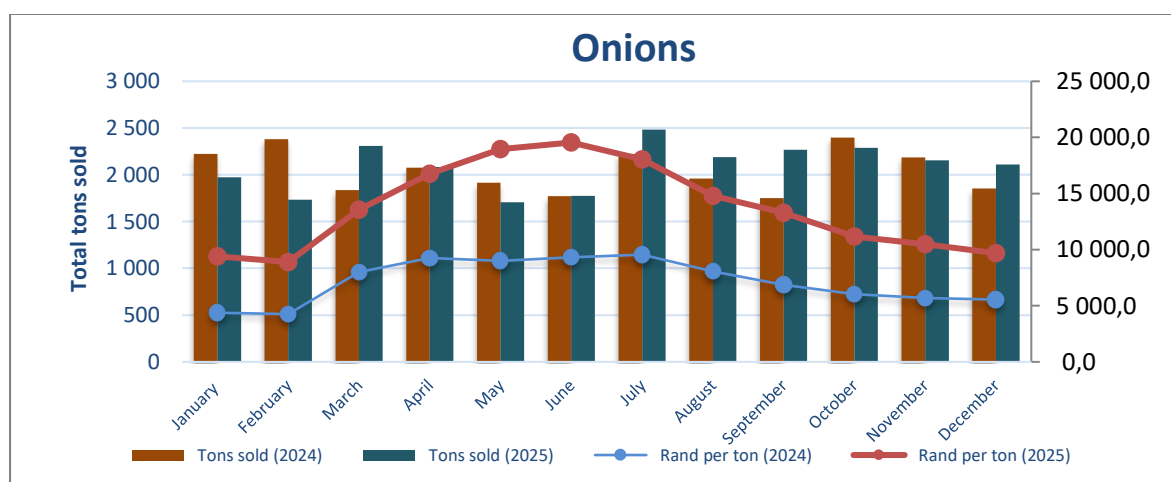
Source: Techno fresh (2025)



3. Onions

In December 2025, the volume of onions traded in the Cape Town fresh produce market was 2111.7 tons, which shows 2.1% decrease from 2156.3 tons recorded in November 2025. The price per ton of onions sold on the market also decreased by 13.9% from R4786.7 in November 2025 to R4119.1 December 2025.

Figure 3: Onions prices and quantity traded at Cape Town Fresh Produce market.



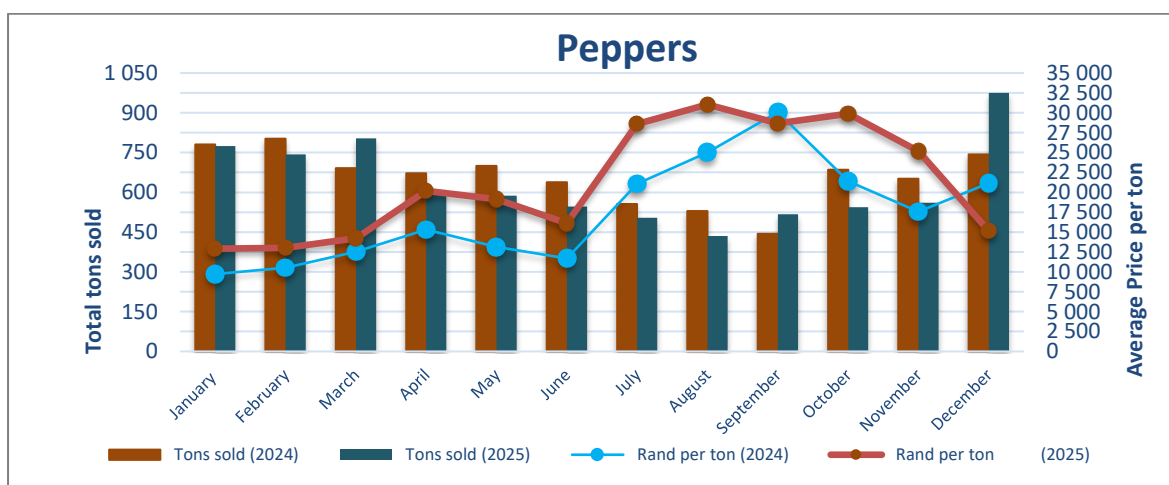
Source: Techno fresh (2025)

4. Peppers



As illustrated in figure 4 below, the total volume of peppers sold during December 2025 increased by 73.7% from 561.4 tons in November 2025 to 975.0 tons. The average market price of peppers on the other hand decreased by 39.8% from R25162.4 in November 2022 to R15135.5 in December 2025. On an annual basis, the total volume of peppers sold during the period under review registered a year-on-year increase of 232.2 tons from 742.7 tons in December 2024 to 975 tons in December 2025. The average market price per ton on the other hand decreased by 28.5% from R21169.6 in December 2024 to R15135.5 in December 2025.

Figure 4: Peppers sales on the Cape Town Fresh Produce Market



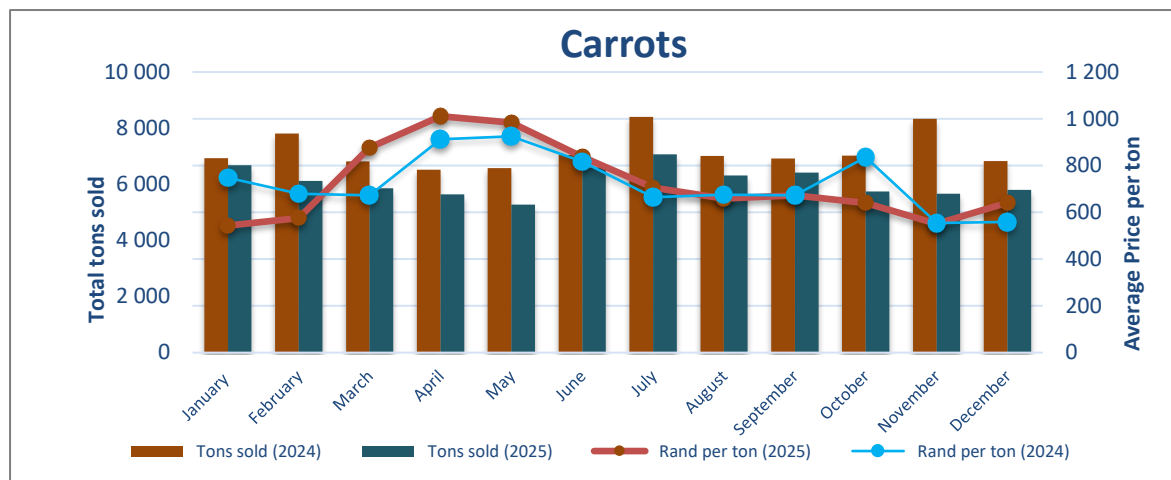
Source: Techno fresh (2025)

5. Carrots



As indicated by Figure 5 below shows the total volume of carrots traded at Cape Town fresh produce market during December 2025. The volume of carrots traded in December 2025, increased month-month by 2.5% from 678.8 tons in November 2025 to 696.1 tons . When comparing year-on-year, the amount of carrots traded during this period decreased by 15% from 818.8 tons in December 2024 to 696.1 tons in December 2025. In December 2025 carrots was trading at R5347.6 per ton, which indicates 16.5% increase in price per ton of carrots between November 2025 and December 2025. The average market price per ton of carrots increased by 14.8% y/y from R4658.0 in December 2024 to R5347.6 in December 2025.

Figure 5: Carrots sales on the Cape Town Fresh Produce Market



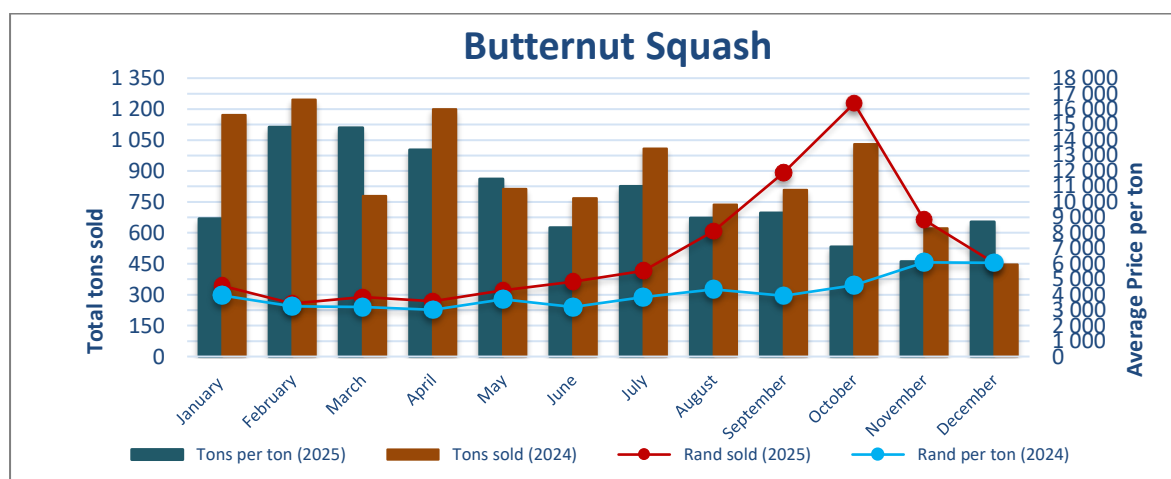
Source: Techno fresh (2025)

6. Butternut Squash



Figure 6 below represents the volume of butternut squash sold at the Cape Town fresh produce market during the month of December 2025. The volume of butternut squash sold increased by 41.6% from 461.2 tons in November 2025 to 653.0 tons in December 2025. The price per ton of butternut decreased by 31.5% from R8832.5 in November 2025 to R6047.3 in December 2025. On a year-to-year basis the quantity of butternut squash sold during December 2024, and December 2025 increased by 46% while the price of butternut sold during the same period (2024/25) decreased by 0.3% from R6067.8 per ton in December 2024 to R6047.3 per ton in December 2025.

Figure 6: Butternut squash sales on the Cape Town Fresh Produce Market



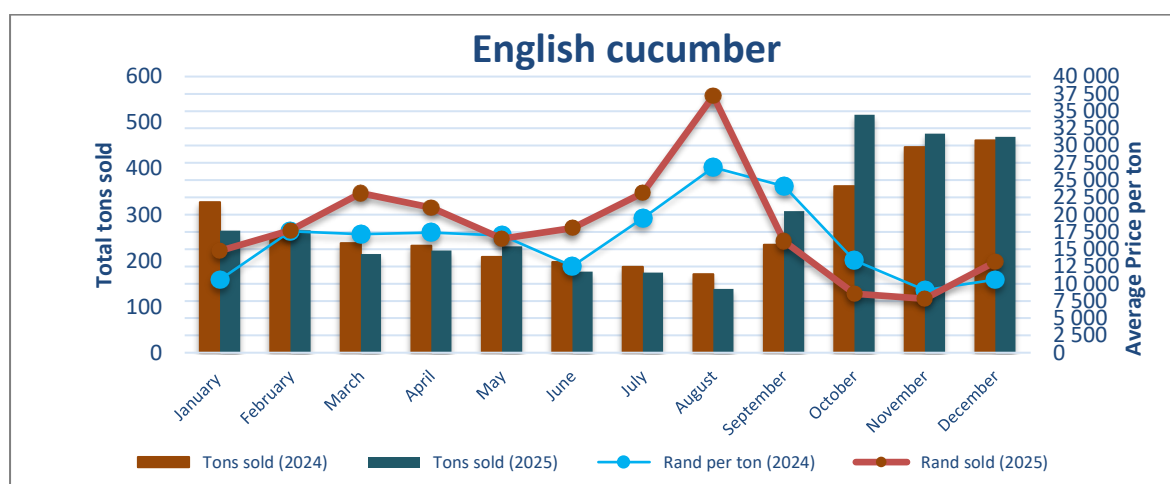
Source: Techno fresh (2025)

7. English cucumber



During the period under review (December 2025), the total volume of English cucumber sold amounted to 469.3 tons which is 1.5% or 7 tons less than 476.3 tons which was recorded in November 2025. The average market price of English cucumber increased by 69% from R7812.0 in November 2025 to R13200.7 in December 2025. On annual basis, the volume of tons of English cucumber increased by 1.7% (or 7.7 tons) from 461.6 tons in December 2024 to 469.3 tons in December 2025.

Figure 7: English cucumber sales on the Cape Town Fresh Produce Market.



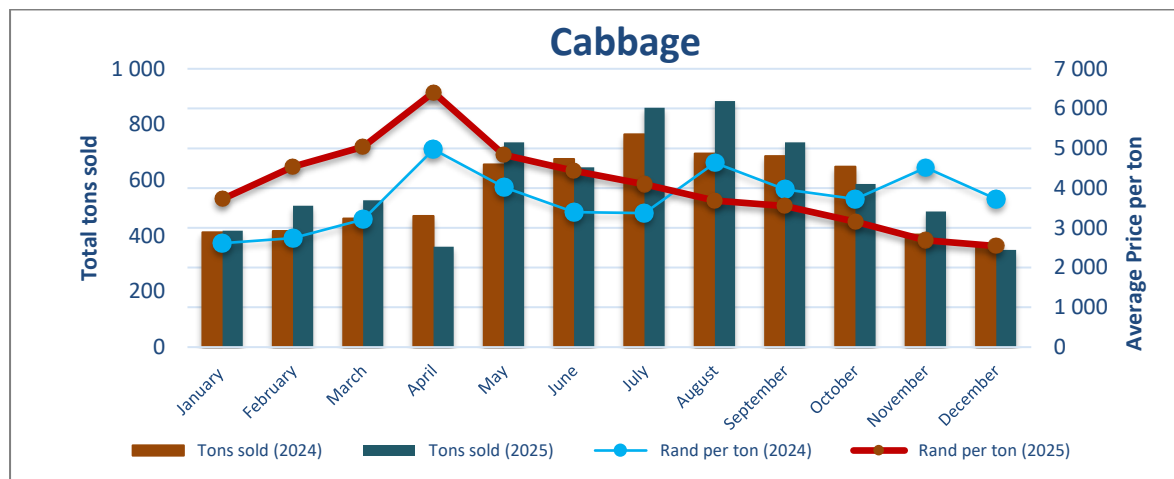
Source: Techno fresh (2025)

8. Cabbages



The total volume of cabbage sold at the Cape Town fresh produce market during December 2025 recorded a month-to-month decrease of 28.4% or 138.6 tons. The total volume of cabbage sold decreased from 487.7 tons in November 2025 to 349.1 tons in December 2025. The average market price per ton of cabbage also decreased by 5.5% from R2690.3 in November 2025 to R2542.5 tons in December 2025. On an annual basis, the total volume of cabbage sold decreased from 366.4 tons obtained in December 2024 to 349.1 tons in December 2025. This represents a year-on-year decrease of 4.7%, that is 17.4 tons less than the amount registered during the same period last year.

Figure 8: Cabbages sales on the Cape Town Fresh Produce Market



Source: Techno fresh (2025)

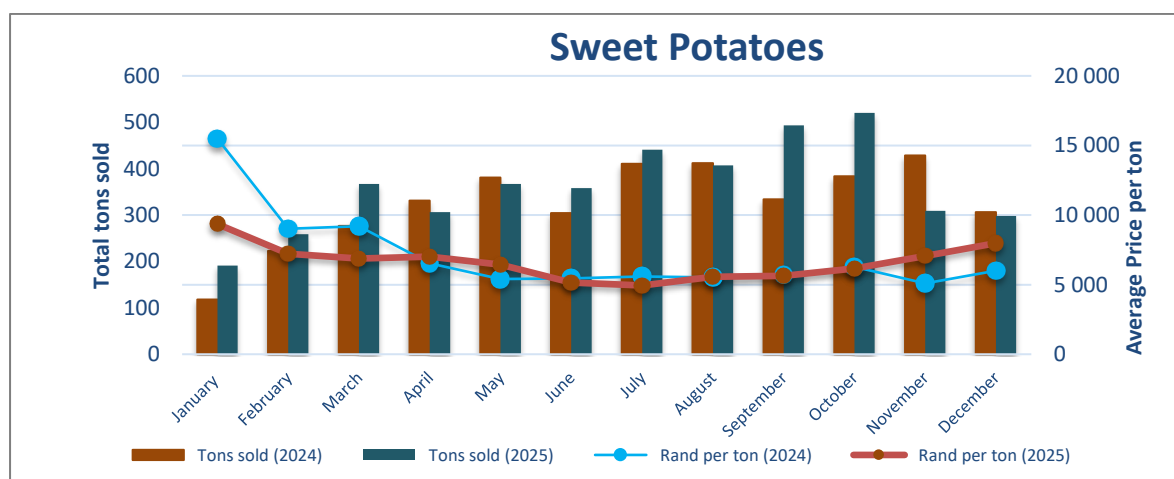
9. Sweet potato



The total volume of sweet potato sold at the Cape Town fresh produce market in December 2025 decreased from 309.3 tons in November 2025 to 298.2 tons.

This translates to a 3.6% month-to-month decrease recorded during the month of December 2025. The total volume of sweet potato sold decreased year-on-year by 2.6% from 306.2 tons in December 2024 to 298.2 tons in December 2025. Sweet potato was trading at R7989.5 during December 2025. On an annual basis, the average market price per ton increased by 33.3% from R5992.24 in December 2024 to R7989.5 in December 2025.

Figure 9: Sweet potato sales on the Cape Town Fresh Produce Market.



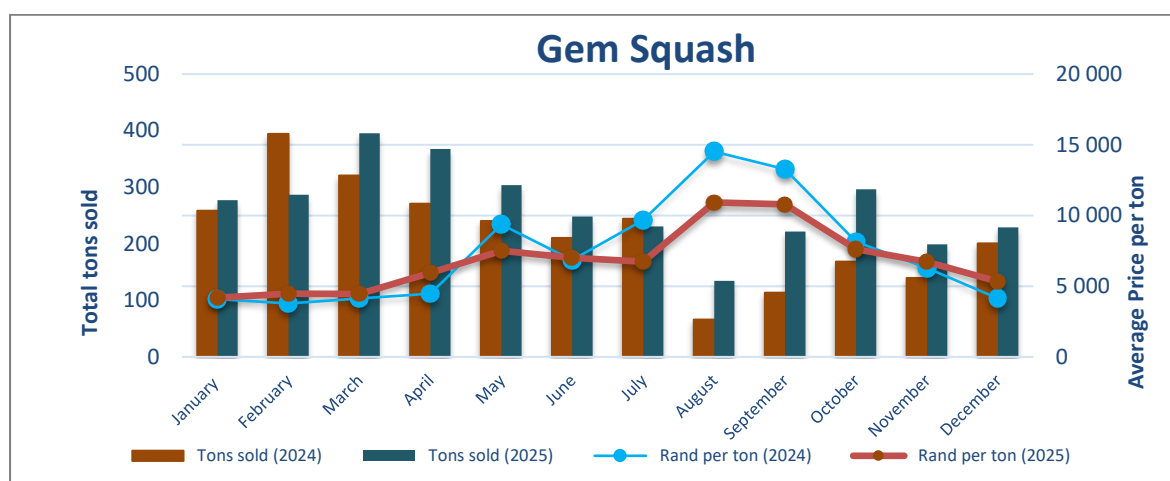
Source: Techno fresh (2025)

10. Gem squash



Figure 10 below shows the total volume of gem squash sold at the Cape Town fresh produce market in December 2025. The volume of gem squash sold during December 2025 increased by 14.9% from 199.2 tons in November 2025 to 228.8 tons. The price per ton of gem squash decreased by 20.6% from R6708.3 in November 2025 to R5324.1 in December 2025. On an annual basis, gem squash sold at the Cape Town fresh produce market increased by 14.1% during the period under review. As a result, the volume of gem squash sold increased from 200.4 tons in December 2024 to 228.8 tons in December 2025. The average market price of gem squash increased by 28.7% or R1186.5 per ton from R4137.6 in December 2024 to R5324.1 in December 2025.

Figure 10: Gem squash sales on the Cape Town Fresh Produce



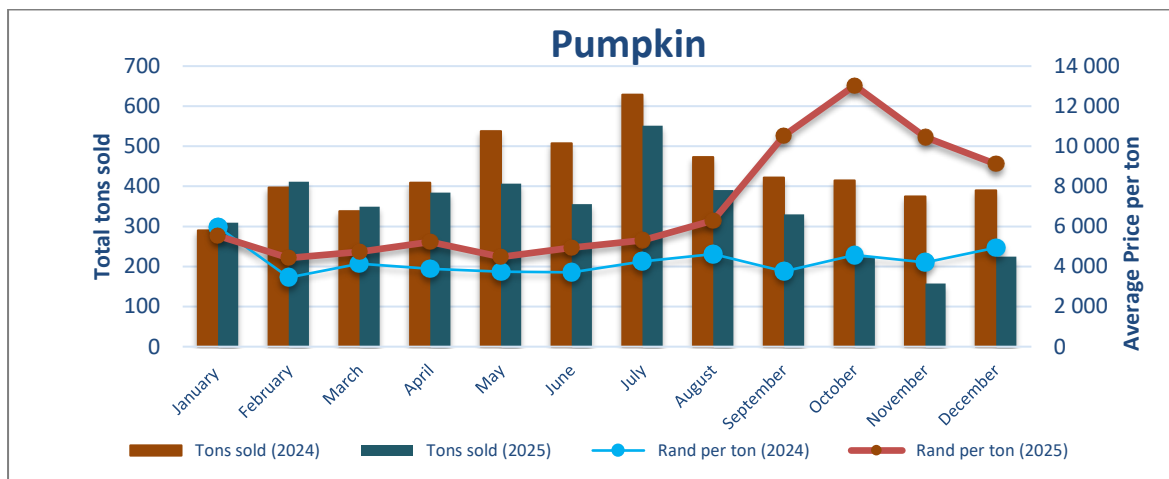
Source: Techno fresh (2025)

11. Pumpkin



A total of 224.9 tons of pumpkin was sold at the Cape Town fresh produce markets during December 2025. This presents a 42.4% or 67-ton decrease from the previous month (November) record of 157.9 tons. The average market price decreased by 12.8% or R1338.0 from R10446.8 in November 2025 to R9108.8 in December 2025. On year and year basis, pumpkins were trading at R4938.4 per ton in December 2024 compared to R9108.8 in December 2025. These results indicate an increase of R4170.4 in price per ton of pumpkin between December 2024 and December 2025.

Figure 11: Pumpkin sales on the Cape Town Fresh Produce Market



Source: Techno fresh (2025)

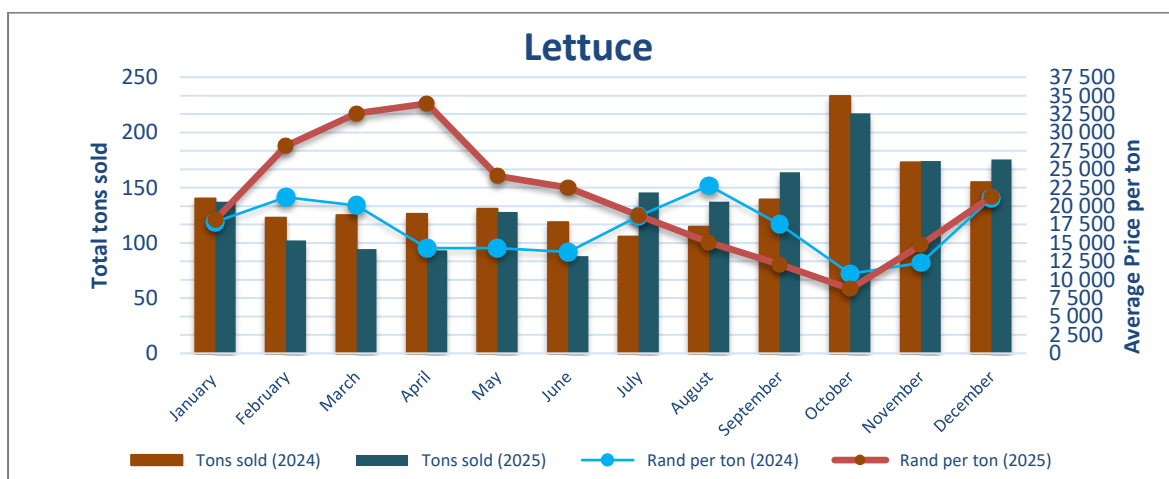
12. Lettuce



A total amount of 175.6 tons of lettuce was sold at the Cape Town fresh produce markets during December 2025. This presents 0.9% or 1.5 tons increase from the previous month (November 2025) record of 174.1 tons.

The average market price increased by 44.6% or R6568.1 from R14734.3 in November 2025 to R21302.5 in December 2025. On year and year, lettuce was trading at R21068.6 in December 2024 compared to R21302.5 in December 2025. These results indicate an increase of 1.1% in price per ton of lettuce between December 2024 and December 2025.

Figure 12: Lettuce sales on the Cape Town Fresh Produce Market



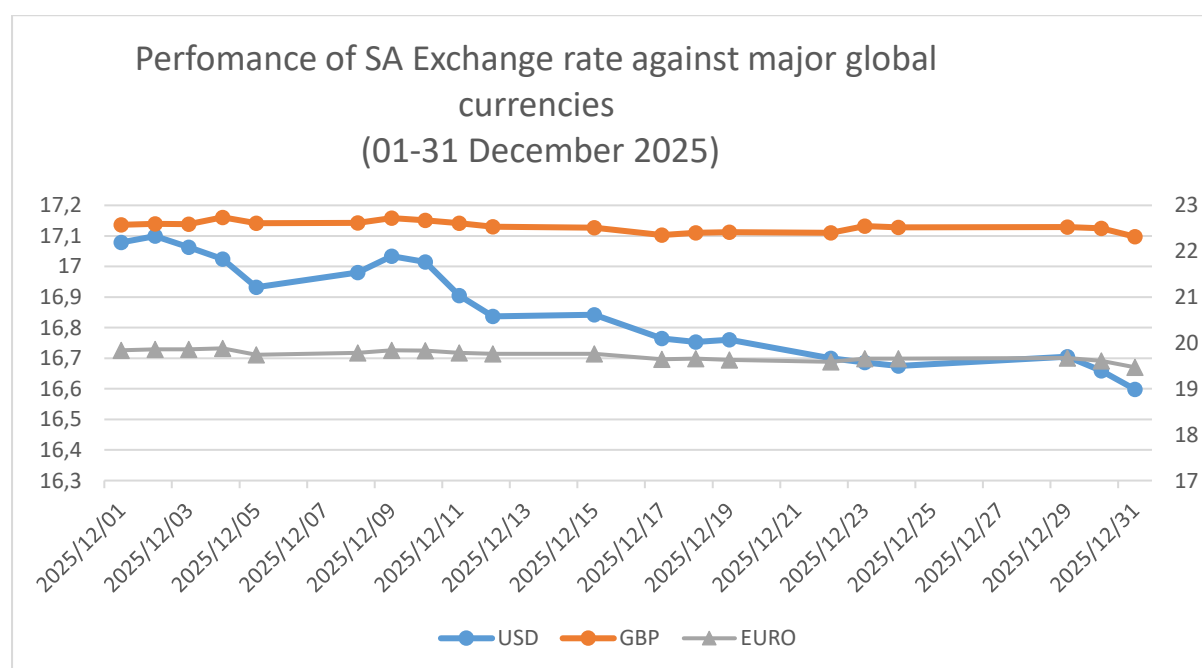
Source: Techno fresh (2025)

Table 1: Trend analysis of niche vegetables traded on the Cape Town Fresh Produce market.

Product Name highest to the lowest volumes in December 2025	Average tons December 2025 (Ton)	% change in average tons December 2025 (m/m)	Average Price December 2025 (Rand/ton)	% change in average price December 2025 (m/m)
Beetroot	172,8	13,2%	6 185,2	15,7%
Green beans	91,4	15,3%	17 331,4	-5,3%
Baby marrow	83,2	-5,7%	10 622,2	30,7%
Brinjals	71,3	45,5%	10 553,4	-54,5%
Sweetcorn	63,0	26,1%	25 896,3	-0,7%
Cauliflower	57,2	-9,2%	20 348,8	22,7%
Broccoli	31,3	0,5%	31 795,5	-1,8%
Spring onion	30,5	10,2%	18 366,5	35,6%
Spinach	16,9	-23,8%	12 612,9	8,8%
Leeks	4,6	-36,8%	7 150,1	6,6%
Radish	3,4	45,4%	24 578,5	40,4%
Mushrooms	2,7	112,6%	85 914,8	-1,8%
Patty pans	1,9	-76,6%	19 161,1	40,1%
Hubbard squash	1,9	-84,1%	5 516,7	164,9%
Marrows	0,1	100%	1500,0	100%

Source: Techno fresh (2025)

Exchange Rates



Source: South African Reserve Bank (2025)

During the reporting period 01-31 December 2025, looking at month-to-month average of the South African Rand, it can be noted that it strengthened against the US Dollar, Great British Pound and the Euro. During this period the US Dollar was trading at R16.85 in December 2025 compared to R17.23 in November 2025. Great British Pound was trading at R22.53 in December 2025 compared to R22.62 in November 2025, while the Euro was trading at R19.72 in December 2025 compared to R19.91 in November 2025.

Energy

Table 3.1 Basic fuel Price adjustments

Product Description	Numerical adjustment applicable to the coast parts in South Africa	Price adjustment Description	The average price (cents) applicable to the coastal parts of South Africa
Petrol 95 ULP & LRP	29,00	cents per litre increase in the retail price.	2058,00
Diesel 0.05% Sulphur	65,48	cents per litre increase in the retail price.	1895,530
Illuminating Paraffin (Wholesale)	74,48	cents per litre increase the retail price.	1271,598
LPGAS (maximum retail price)	24,00	cents per litre increase in the retail price.	3097,00

The Department of Energy has announced fuel price adjustments with effect from 03 December 2025. The price of Petrol 95 ULP & LRP increased by 29 cents, the price of diesel (0.05% sulphur) increased by 65 cents, price of paraffin increased by 74 cents. Lastly, LPGAS's maximum retail price increased by 24 cents during the reporting period.

ACKNOWLEDGMENTS

The below-listed sources are acknowledged, as cited in this publication:

Agricultural Produce Agents Council (APAC): www.apacweb.org.za

Agricultural Research Council (ARC): www.arc.agric.za

Department of Agriculture, Forestry and Fisheries (DAFF): www.daff.gov.za

Department of Agriculture, Forestry and Fisheries (DAFF): www.daff.gov.za

Mineral resources & energy: [Petrol Price Media Release \(dmre.gov.za\)](http://Petrol Price Media Release (dmre.gov.za))

Department of Water & Sanitation (DWS): www.dwa.gov.za

Elsenburg (Western Cape Department of Agriculture): www.elsenburg.com

Organization of the Petroleum Exporting Countries (OPEC): www.opec.org/opec

Potatoes South Africa: www.potatoes.co.za

South African Government: www.gov.za

South African Reserve Bank (SARB): <https://www.resbank.co.za/en/home/what-we-do/statistics/key-statistics/selected-historical-rates>

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Techno Fresh CRM: www.technofresh.co.za

Trading Economics (2018): <https://tradingeconomics.com/south-africa/balance-of-trade>

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