

WHAT IS BRUCELLOSIS?

- A bacterial disease that infects many different animals (cattle, sheep, goats, pigs, horses and dogs) AND PEOPLE!
- Our animals mostly get infected through direct contact with birthing materials and fluids (such as aborted foetuses, placenta) as well as milk, urine, blood and semen of infected animals
 - Equipment, feed and water can also become infected and spread this bacteria in our animals
- Important! Some animals carry Brucella but do not show signs. They appear healthy but can spread the bacteria through the herd for long periods of time!
 - This is why we need to be aware of it and prevent it!
- Brucella in livestock typically causes reproductive problems such as abortion, stillbirth and infertility = huge production and financial losses!
 - Animals can also develop arthritis (joint pain) and mastitis (teat infection)
- **PLAY YOUR PART** IN THE WAR **AGAINST** BRUCELLOSIS (Act No. 35 of 1984)
- Prevention is KEY! We have Brucella across the whole of South Africa:
 - All female cattle MUST be vaccinated between 4-8mths
 - Know your herd status test your cattle!
 - Only buy animals from recently tested, negative herds. ASK FOR PROOF
 - Make sure your fencing is intact and do not share grazing with untested animals!

BRUCELLA IN HUMANS

- People working with animals are at higher risk of infection. There are a number of ways we can get Brucella:
 - Eating or drinking raw, unpasteurised dairy products like milk and cheese
 - Direct contact with infected animal fluids (such as helping pull a calf!)
 - Breathing in contaminated dust
- Infection in people causes severe flu-like signs such as headaches, body pain, fever and night sweats
 - People can also develop a long-term infection with continuous joint pain and fevers
 - Pregnant women are at risk of abortion or premature birth

Brucellosis is a controlled disease under the Animal Diseases Act (Act No. 35 of 1984)

Abattoirs: BRUCELLOSIS





Slaughter

Veterinary care

Vaccination accident or laboratory accident, with cultures

Swine

Death is uncommon except in infected children

Treatment

- Treatment requires long courses of antibiotics and full recovery can take weeks or even months after treatment
- Better to prevent in the first place!
 - Cook meat properly
 - Only consume pasteurised dairy products
 - Wear protective clothing (gloves, masks!) when handling birthing products

Always wash your hands thoroughly with soap and water after touching animals

Goats and sheep

Reference: Spickler, Anna Rovid. Brucellosis. May 2018. https://www.cfsph.iastate.edu/Factsheets/pdfs/brucellosis.pdf

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