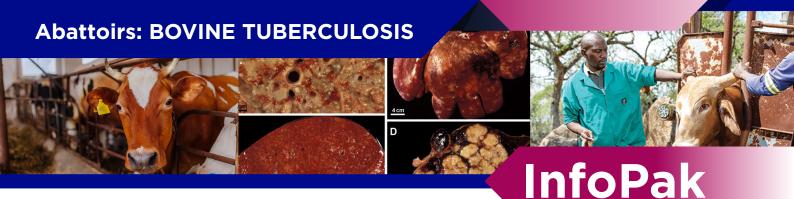
Bovine Tuberculosis is a controlled disease under the Animal Diseases Act (Act No. 35 of 1984)



### WHAT IS BOVINE TUBERCULOSIS?

- TB is a bacterial disease that affects many animals especially cattle and buffalo
- People can get TB from infected animals
- Unfortunately it is still a relatively common disease and has serious economic consequences as well as poses a severe health threat to humans
- · Infected animals shed the bacteria in respiratory secretions (coughing, sneezing), faeces and milk
- The disease usually causes a slow deterioration in affected cattle
  - o Early infection often shows no signs
  - o As the disease progresses, the animal typically shows decreased appetite, weight loss and mild fever
  - o If the disease has affected the lungs, the animal will cough and can have difficulty breathing
  - o If the digestive tract is involved, then the animal develops an on-going diarrhoea or constipation that comes and goes
- Treatment is not recommended due to developing a carrier status where infected animals can continuously shed the disease within the herd without showing clinical signs
- If you suspect your animal has TB you are required by law to report it to your nearest State Veterinarian or Animal Health Technician.



# **TB** in humans

- The most common way people become infected with TB is from drinking raw, unpasteurized milk or eating dairy products produced from raw milk
- Less commonly, people can become infected by breathing in the bacteria or through direct contact via breaks in the skin
  - o People working with cattle are most at risk
- TB affects infected people in a variety of ways:
  - o They can show no signs of infection

**Abattoirs: BOVINE TUBERCULOSIS** 

- o The disease can affect the lungs causing fever, chest pain and a serious cough (can result in coughing up blood)
- o The disease can also spread to other parts of the body including the kidneys, spine and brain

# Tuberculosis Symptoms Fever fatigue weight loss persistent cough blood in cough night sweats

Bovine Tuberculosis is a controlled disease under the Animal Diseases Act (Act No. 35 of 1984)





Treatment requires long courses (up to six months sometimes) of antibiotics

### **Prevention:**

- o As always, prevention is the best way through awareness and safe management practices
- o The best way to prevent infection in people is to control the disease in our animals
  - Any suspect cases should be reported immediately to your nearest veterinarian for advise and what measures to take
- o Do not drink raw milk or eat dairy products containing raw milk
  - Pasteurisation is effective at killing TB bacteria in milk
- People working with animals should make use of personal protective equipment such as gloves

# Reference:

Spickler, Anna Rovid. Zoonotic Tuberculosis in Mammals, including Bovine and Caprine Tuberculosis. October 2019.

https://www.cfsph.iastate.edu/Factsheets/pdfs/bovine\_tuberculosis.pdf

## **Contacts:**

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